

Effect of neem seed oil on body and organ weights of male wistar rats

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(Received: February 10, 2009; Accepted: April 12, 2009)

ABSTRACT

The effect of Neem seed oil on body and organ weights of male Wistar rats were investigated. Twenty-one male Wistar rats were investigated weighing on the average 150g were randomly divided into three groups (n=7) – A, B and C. Group A served as control and received on oral dose of 0.5ml of Normal saline daily for 6 weeks. Group B and C served as experimental groups. B received 0.5ml of neem seed oil for 6 weeks while group C received 0.5ml of neem seed oil for 4 weeks only, and allowed 2 weeks of non administration. The animals were weighed and sacrificed and the liver, spleen, kidney, testis and brain were removed after laprotomy and were cleaned and weighed. Data analysis was done using the students t-test. Result showed statistically significant reduction ($P < 0.05$) in body, testis, liver, kidney and brain weight in experimental animals compared to control. Despite the benefit afforded by neem seed oil in several trails for male contraception, this work suggested that it may have adverse effect on important organs of the body.

Key words: Neem seed oil, male wistar rats.

INTRODUCTION

Kaushik and Vir 2000, described neem seed oil as a vegetable oil pressed out from the fruit of neem (*Azadirachta indica*). It contains steroids and a plethora of triterpenoids compounds which are responsible for its bitter taste, it also contains fatty acids.

Neem seed oil has been put into different uses which includes industrial preparation of cosmetics (hair, body and hand products). Stridhar 2002). Neem seed oil is reputed to have many medicinal properties in traditional medicine. It has been reported to have anti-flagella effect (Jenson 2003) and a potent spermicidal effect (Upadhyay 1993). Hence it is appreciable the clamour for its use for male contraception. But for it to be used safely and effectively, its mechanism of action, and possible adverse effect must be fully elucidated for proper therapeutic use and management of side effect.

This work aims to find out the organs of the body with vital functions that may be affected by ingestion of Neem Seed Oil.

Methodology

Twenty one male wistar rats were randomly divided into three groups (n=7), A, B and C. Group A served as control and received an oral dose of 0.5ml of normal saline daily for 6 weeks. Group B and C served as experimental groups. B received 0.5ml of Neem Seed Oil daily for 6 weeks while group C received 0.5ml of Neem Seed Oil for 4 weeks only and allowed 2 weeks of non administration.

Procedure

At the end of Administration period, rats were weighed and sacrificed and the liver, spleen, kidney, brain and testis were removed after laprotomy and weighed.

Neem oil was extracted from neem seeds by maceration.

Table 1: Show changes in body and organ weight. Results are presented in means and standard deviations (n=7)

Group	A	B	t-value	P-value	Remarks
Weight OF spleen (g)	0.6±0.045	0.78±0.38	1.22	P>0.05	NS
Weight of liver (g)	5.8±0.32	5.86±0.91	0.16	P>0.05	NS
Weight of kidney (g)	0.65±0.05	0.50±0.07	45	P<0.01	S
Weight of Brain (g)	2.3±0.99	1.23±0.32	26	P<0.05	S
Weight of Testis (g)	1.65±0.35	1.17±0.08	3.5	P<0.05	S
Change in body wt (g)	41.35±4.45	21.3±2.48	10.23	P<0.07	S

Table 2:

Group	A	B	t-value	P-value	Remarks
Weight OF spleen (g)	0.6±0.045	0.41±0.07	5.9	P<0.01	S
Weight of liver (g)	5.8±0.32	4.57±0.16	8.9	P<0.001	S
Weight of kidney (g)	0.65±0.05	0.38±0.056	9	P<0.001	S
Weight of Brain (g)	2.3±0.99	1.25±0.25	2.6	P<0.05	S
Weight of Testis (g)	1.65±0.35	1.12±0.076	4	P<0.05	S
Change in body weight (g)	41.35±4.45	14.4±3.64	12.2	P<0.001	S

Analysis data was analysed using the student's t-test statistics.

DISCUSSION

Our result showed a statistically significant reduction in body weight and organ weights in rats treated with Neem Seed Oil especially in the kidney, brain and testis. In rats treated for six weeks. However, withdrawal of Neem Seed Oil after four weeks resulted in a market reduction in the body and organ weights.

There appears to be a debt of literature on the effect of neem seed oil on body and organ weight, however several effects of neem seed oil have been documented especially as it affects the

testis and spermatogenesis (Jensen 2003). This reduction in body and organ weights, may have been either due to reduce food and fluid consumption following neem oil administration, due to its better taste, as observed during our study or may be due to an anti Androgenic effect which have been reported by other authors (Jenson 2003).

Neem Seed oil reduced body weight and organ weight in experimental animals with the kidney, Brain and Testes been more affected therefore there is need for further studies to define the pathway involved in these weight reductions. So that the proposed use of neem seed oil as male contraceptive should take into consideration its effect on vital body organs in order for proper application dosing.

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