

## A Review of Genetic Taxonomy, Biomolecules Chemistry and Bioactivities of *Citrus hystrix* DC

Farid Agouillal<sup>1,2</sup>, Zarani M. Taher<sup>3</sup>, Houria Moghrani<sup>2</sup>,  
Noureddine Nasrallah<sup>2</sup> and Hesham El Enshasy<sup>3,4,5\*</sup>

<sup>1</sup>Research Unit on Analysis and Technological Development in Environment (URADTE), Centre de Recherche Scientifique et Technique en Analyses Physico-Chimiques (CRAPC), Tipaza, Algeria.

<sup>2</sup>Laboratory of Reaction Engineering (LGR), Faculty of Mechanical Engineering and Process Engineering (FGMGP), Houari Boumediene University of Sciences and Technology (USTHB), Algiers, Algeria.

<sup>3</sup>Institute of Bioproduct Development (IBD), Universiti Teknologi Malaysia (UTM), Johor Bahru, Malaysia.

<sup>4</sup>Faculty of Chemical Engineering and Energy, Universiti Teknologi Malaysia (UTM), Johor Bahru, Malaysia.

<sup>5</sup>Genetic Engineering and Biotechnology Research Institute, City of Scientific Research and Technology Applications (CSAT), New Burg Al Arab Alexandria, Egypt.

<http://dx.doi.org/10.13005/bbra/2446>

(Received: 19 March 2017; accepted: 25 March 2017)

*Citrus hystrix* DC. with common name makrut lime or kafir lemon, is a very popular traditional medicinal plant as well as an important spice in Asiatic countries. The plant is native of the Indonesian island Sumbawa, then, it is cultivated in Indonesia, Thailand, Malaysia and the tropical region of Asia. It mainly contains essential oil and phenolic compounds. The most intense odor compounds of kafir lemon are Citronellal, L-Linalool, 1,8-Cineole,  $\alpha$ -Terpeneol and  $\alpha$ -Cadinene. Such as Citrusosides-A and furanocoumarines, Makrut lime content also non-volatile compounds like alkaloids and glyceroglycolipids. *Citrus hystrix* DC has many biological activities due to its volatile and nonvolatile compounds, and it has been used in traditional medicine for treating various illnesses, particularly cold pain and stomach disorder. It is also used as a juice for its fruit or as spice for its aromatic leaves. This review covers data on the chemistry and biological effects of *Citrus hystrix* DC biomolecules, and aims to lay the foundation for further study on the extraction enhancement of these biomolecules and more useful formulations.

**Keywords:** Biomolecules chemistry, Biological activities, *Citrus* taxonomy, *Citrus hystrix*, Essential oils, Phenolic compounds.

---

Herbs and spices are extensively used in Asiatic countries for culinary purposes and for traditional medicine. Then, several organs such as the leaves and fruits of *Citrus* species are widely

used to flavor foods as perfumes in ceremonial celebrations. Among these *Citrus* spices commonly planted in small garden plots of trees, *C. hystrix* D.C., *C. aurantifolia* Swingle, *C. microcarpa* Bunge, *C. limn* Burm. and *C. mim* Merr., are by far the most economically important plant. It is believed to have originated in south-eastern Asia, in an area that includes China, India and the Indochinese peninsula and nearby archipelagos<sup>1</sup>.

---

\* To whom all correspondence should be addressed.

The genus *Citrus* belongs to the subfamily Aurantioideae and order of Sapindales of the Rutaceae family which comprises of about 140 genera and 1,300 species distributed between 7 subfamilies<sup>2,3,4</sup>. The fruits and the leaves of the *Citrus* species contain a variety biologically-active compounds including essential oils with various distinct flavors which are important to human nutrition and diet, vitamin C, folic acid, potassium, flavonoids, coumarins, pectin, and dietary fibers<sup>5</sup>.

The name Mauritius papeda, or Kaffir lime, is widely used in the Netherlands and Germany while in France, Italy and Spain, the lime is often called 'combava'. Later in 1824, the name "Mauritius papeda" was introduced to Kaffir lime by De Candolle (DC), who brought the seeds from Mauritius to his botanical garden in Montpellier in southern France. Before that time, De Candolle had studied and classified *C. hystrix* as the first species of the Papeda sub-genus<sup>6</sup>.

Genus *Citrus* is native to tropical south-east Asia, southern China and Malaysia. It has been introduced and cultivated elsewhere in the tropics and sub-tropics including in northern Australia<sup>7,8</sup>. However, due to its aromatic, strong, unique and spicy flavor, both fruit and leaves of *C. hystrix* are popular used ingredient in Asian cooking. They are frequently used for instance in soups, curries, or to add flavour to rice. It can also be used as an infusion for both alcoholic and non-alcoholic drinks. In addition, the leaves can be used fresh or dried, and can be stored frozen<sup>8</sup>. In Thailand, the fruit is used for seasoning and to prepare drinks teas such as *Citrus hystrix* flavonoid-rich sachet, which has been promoted to have great potential as a natural antioxidant health product. The essential oil is normally produced from fresh leaves by steam distillation and serves as a source of kaffir lime leaf flavours and essences in a large variety of internationally marketed products. The main producers of kaffir lime leaves are Thailand, Indonesia, Malaysia and India. Recently, Thai growers have developed and started growing a kaffir lime without wrinkles that is easier to pack and ship around the world<sup>7,8</sup>.

In aromatic plants, the composition of essential oils usually varies considerably because of intrinsic (sexual, seasonal, ontogenetic, and genetic variations) and extrinsic (ecological and environmental aspects) factors<sup>9,10</sup>.

Recent studies on the Malaysian *Citrus* plants have reported the identification and composition of essential oils of several *Citrus* species including *C. aurantifolia*, *C. grandis*, *C. hystrix*, and *C. microcarpa*<sup>5</sup>. Due to its high content of phenolic and flavonoid compounds, studies showed that citrus peel could be, also, potential source for natural antioxidant. In general, three types of flavonoid compounds are found on citrus peel; flavanone (e.g. hesperidin, naringin, and hesperitin), polymethoxylated flavone (e.g. nobiletin and tangeretin), and flavonol (e.g. rutin)<sup>11,12</sup>.

In Europe, North America, Asia and Australia, dried kaffir lime leaves are available in most of the parts. Usually, a bag of dried leaves can be stored in a sealed airtight container for a couple of years with little physical change. However, the quality of the dried kaffir lime leaf product depends mostly on the drying methods that are industrially employed. The leaves can be harvested all year round, especially when the trees are small<sup>6</sup>. In addition to these uses, the hesperidium is still used to wash hair (as was noted in the seventeenth century by Rumphius) and, in Sri Lanka, to keep off leeches, apparently reflecting its insecticidal compounds having a rather broad range of effects on invertebrates<sup>6,13</sup>. The leaves can be used to treat stomach ache caused by dyspepsia and insect bites; also, the rind has been prescribed for treatment for worms and headache<sup>8,14</sup>. In Peninsular Malaysia, the fruit and leaves have been also used for washing hair; the fruit is halved and the grated rind is rubbed on the head or the whole fruit is boiled and used as shampoo<sup>8</sup>; In addition, the fruit juice is used in softening the skin and the mixture of the fruit juice with bath water can be used to eliminate body odor<sup>15</sup>. In traditional Medicine, *C. hystrix* is also used to treat flu, fever, hypertension, abdominal pains, and diarrhea in infants<sup>16</sup>.

The fruits are used as a digestive stimulant, blood purifier, and reduce high blood pressure<sup>17,18</sup>. In Malaysia, the oils from the fruits and the leaves of *C. hystrix* DC are commercially used as flavors and fragrances, as well as in cooking, perfumery and medical treatments, especially in aromatherapy<sup>19</sup>. This review aims to summarize the main studies reporting the chemical composition of essential oils and other extracts

from the kaffir lime leaf, the used extraction processes, and discuss their main biological activities. Finally, the formulation and safety level are considered.

#### Botany and plant taxonomy

*Citrus hystrix* is generally a small tree of 3–6 m high and a width of 2.5–3 m, often not straight, crooked with glabrous and spiny branches (Fig. 1). Leaves of kaffir lime are unique among the citrus varieties, they are alternate, unifoliolate, broadly ovate to ovate-oblong, 7.5–10 cm long, dark green on top, lighter on the bottom, very fragrant with long petiole expanded into prominent wings, 15 cm long by 5 cm wide, then, each leaf comes in two parts, seemingly a double leaf (Fig. 1.e). Leaf and expanded petiole appear to be a single “pinched” leaf. Leaf base is cuneate, or rounded, apex obtuse or slightly acuminate or notched<sup>6, 8</sup>. Flowers (Fig. 1.d) are small, fragrant, white; calyx cuspidate 4-lobed, white with violet fringe; petals 4–5, ovate-oblong, yellowish white tinged with pink; stamens 24–30 free. Fruit is large, verrucose, warty or bumpy, globose, ovoid to elliptic, green turning yellowish-green when ripe, approximately 5–7 cm diameter, rind thick, pulp yellowish, very acid and bitter with wrinkle on the surface of fruit (Fig. 1.b). Seeds are numerous, ridged, ovoid-oblong, 1.5–1.8 by 1–1.2 cm, monoembryonic with white cotyledons (Fig. 1.c)<sup>6, 8</sup>.

Kaffir lime grows well in a warm subtropical or tropical climate and prefers well-drained, neutral to slightly acid soil and direct sunlight with ample moisture during the growing season<sup>4</sup>. Citrus taxonomy is still controversial due to the large degree of morphological diversity found in the group, sexual compatibility between the species and apomixes in many genotypes<sup>6</sup>. Based on morphological and phenotypic data, the two major classification systems currently used are those of Swingle and Reece (1967)<sup>6</sup> and Tanaka (1977)<sup>20</sup>. According to Tanaka system, it is hypothesized that citrus is originated in Asia about 30 million years ago from *C. hystrix*, *C. latipes*, *C. macroptera* and *C. combara*<sup>21</sup>. Based on both bootstrap analysis of RAPD, SCAR data and cpDNA markers, Nicolosi *et al.* (2000)<sup>21</sup> have separated eight clusters as *C. hystrix* belong to *Micrantha* cluster with *C. micrantha*, *C. macroptera* and *C. latipes*, all belonging to subgenus *Papeda*. These results place *C. hystrix*

in a cluster genetically distinct from the ‘citron’ cluster as showed in Fig. 2.<sup>21,22</sup>

Studying the genetic relationships among members of the *Aurantioideae*, especially of the genus *Citrus* and based on the chloroplast *matK* gene sequences analysis, Penjor *et al.* (2013)<sup>23</sup> confirmed the results of Nicolosi *et al.* (2001)<sup>21</sup> study that *C. hystrix* belongs to the *Pummelo* cluster which differs and stands out between the *Mandarin* cluster and the *Citron* Cluster as shown in Fig. 3.

However, Liu *et al.* (2015)<sup>24</sup> reported the successful development of *DArT* microarrays and their applications in phylogenetic analysis of *Citrus* species, then, genetic relationships based on neighbor-joining method show that *C. hystrix* DC, *C. macroptera* Montr, and *C. celebica* Koord are grouped into subcluster C1 which is sister to another subcluster C2 including grapefruit (*C. paradisi* Macf.), pummelo (*C. grandis* (L.) Osbeck), lime (*C. aurantiifolia*), indian wild orange (*C. indica* Tan.), citron (*C. medica* L.), and mandarin (*C. reticulata*) as shown in Fig. 4.

#### Chemical composition

Based on chemical analysis, *C. hystrix* DC, is rich on bioactive molecules such as essential oils, phenolic compounds, glycerolipides and others; The main compounds of *C. hystrix* DC, will be described in the following paragraphs.

#### Essential oils

According to the International Standard Organization on Essential Oils (ISO 9235: 2013) and the European Pharmacopoeia, the term “essential oil” is reserved for a product obtained from vegetable raw material, either by distillation with water or steam, or from the epicarp of citrus fruits by a mechanical process, or by dry distillation<sup>8</sup>. Essential oils are complex mixtures of volatile to semi-volatile compounds, usually with a strong odor, rarely colored, soluble in organic solvents, and insoluble in water. They comprise volatile compounds of terpenoid and non-terpenoid origin, synthesized through different biosynthetic routes and with distinct primary metabolic precursors. In nature, essential oils can be found in various plant organs (flowers, fruits, seeds, leaves, stems, and roots), and they play very important roles in plant defense and signaling processes<sup>25, 26</sup>. Also, essential oils are used as raw materials in many fields, such as pharmaceutical, agronomic, food,

sanitary, cosmetic, and perfume industries<sup>27</sup>.

The essential oil of *C. hystrix* is used in aromatherapy and as essential ingredient of various cosmetic and beauty products; furthermore, the essential oil of *C. hystrix* has been reported to have various bioactivities such as antioxidant, antibacterial, antileukemic, and antitussive<sup>28,29</sup>. Limonene, a monoterpene hydrocarbon, is the major component in the essential oils from the peels of the Malaysian Citrus species<sup>30, 31</sup>. In general, hydro diffusion steam distillation system, steam distillation with induction heating system, and automated steam distillation process with optimized temperature were applied to extract kaffir lime peel essential oil<sup>32,33,34</sup>. From the fresh leaves of *C. hystrix*, the essential oil extracted by the steam distillation and the Likens-Nikerson extraction methods, was found to be dominated by citronellal (61.0%–73.0%),  $\alpha$ -citronellol (10.0%–14.0%), and limonene (5.0%–7.0%) as major components.

In addition, citronellal (72.4%),  $\alpha$ -citronellol (6.7%), and citronellyl acetate (4.1%) were reported to be the major components in kaffir lime leaves, followed by  $\alpha$ -pinene (1.9%) and limonene (0.1%) as minor components<sup>5</sup>. Studying the chemical composition and antimicrobial activity of the essential oils from New Caledonian *C. macroptera* and *C. hystrix* from leaves, Waikedre *et al.* (2010)<sup>35</sup>, reported the presence of 38 constituents. The obtained essential oils were characterized by high contents of terpinen-4-ol (13.0%),  $\alpha$ -pinene (10.9%),  $\alpha$ -terpineol (7.6%), 1,8-cineole (6.4%), citronellol (6.0%) and p-cimene (5.6%), but poor in limonene (4.7%).

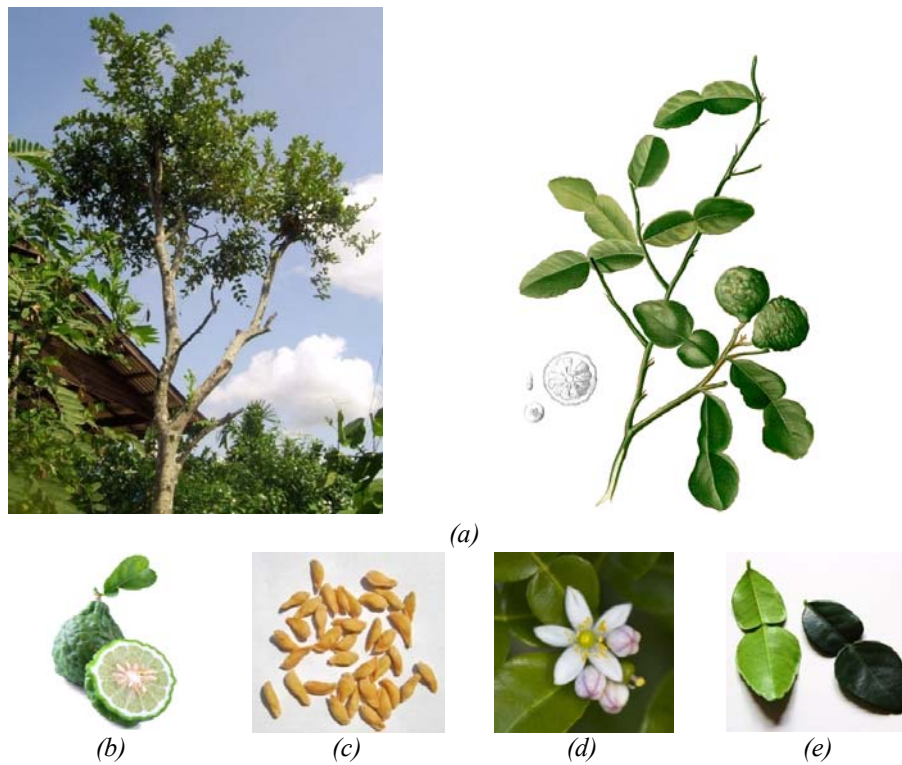
However, from the kaffir lime peels (from Masjid Tanah, Melaka in Malaysia),  $\alpha$ -pinene (39.3%), limonene (14.2%), citronellal (11.7%), and terpinen-4-ol (8.9%) were identified as the principal components. Then,  $\alpha$ -pinene (23.5%) and sabinene (20.1%) appeared as the major components followed by citronellal (12.6%), limonene (11.8%), and  $\alpha$ -citronellol (3.3%) found in *C. hystrix* peel and reported by Nor (1999)<sup>36</sup>.

Other study on essential oils extraction using automated steam distillation process with uncontrolled temperature carried out by Nurhani *et al.* (2013)<sup>34</sup> reported that the oil composition was as follows: sabinene (31.224%),  $\alpha$ -pinene (32.967%), limonene (20.687%),  $\alpha$ -pinene (3.338%), camphene

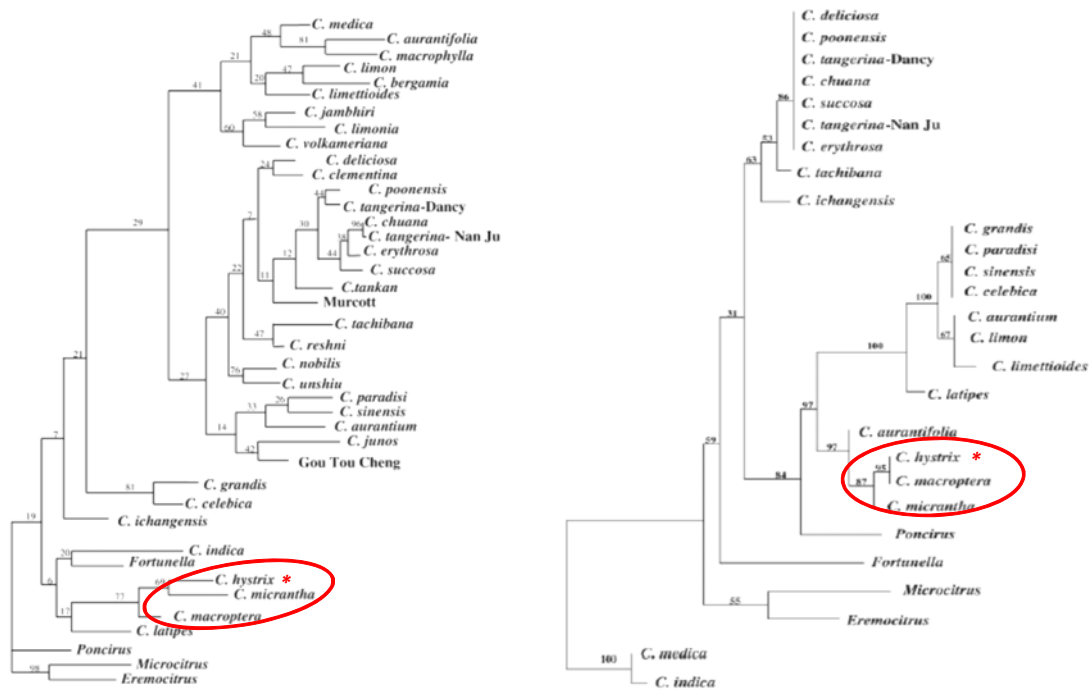
(0.135%), myrcene (1.735%),  $\alpha$ -terpineol (0.938%) and citronellal (7.531 %). Other compounds were identified using the same process but in the controlled temperature like terpinolene, linalool, terpinen-4-ol and citronellol. It was also reported that the essential oil isolated from Malaysian variety of kaffir lime peel contained sabinene (36.0% - 49.0%), limonene (17.0%–33.0%), citronellal (3.0%–11.0%), and  $\alpha$ -pinene (8.0%–14.0%) as major components<sup>37</sup>. However, citronellal (66.9%) and  $\alpha$ -citronellol (6.6%) were the major components essential oil in kaffir lime peel (from Selangor), obtained using the hydro-distillation method. Other research also reported that the essential oil of fresh fruit-peel is mainly consisted of monoterpene hydrocarbons, with limonene (30.73%) and  $\alpha$ -pinene (18.76%) as the principal components with other minor components such as terpinene-4-ol (10.63%),  $\alpha$ -terpineol (8.35%),  $\beta$ -terpinene (6.18%),  $\alpha$ -terpinene (5.09%) and terpinolene (4.33%)<sup>38</sup>. In other study, citronellal was found to be the major component (80.04%) in *C. hystrix* leaf oil; In contrast, *C. hystrix* fruit peel essential oil consisted of other components: limonene (40.65%), terpinene-4-ol (13.71%) and  $\alpha$ -terpineol (13.20%)<sup>39</sup>. Recent research of Aumeeruddy-Elalfi *et al.* (2016)<sup>40</sup> found that the main compounds of essential oils from *C. hystrix* leaves as  $\alpha$ -pinene (3.02%), limonene (83.89%),  $\alpha$ -pinene (0.78%) and  $\beta$ -myrcene (0.89%) with traces of Methyl-eugenol (0.21%). From the study of Juraithip *et al.* (2010)<sup>41</sup>, we can draw another conclusion, that *C. hystrix* peel and leaf showed similar patterns of essential oils chemical compositions. The major constituents of *C. hystrix* peel and leaf were citronellal (about 23.85-23.41%) and trace components were elemol (6.59-4.17%),  $\beta$ -cadinene (5.96-4.74), geranylacetate (5.12-4.45%),  $\alpha$ -terpineol (5.15-5.40%), L-linalool (4.22-4.36%),  $\alpha$ -pinene (1.82%), limonene (1.13%) and  $\alpha$ -humulene (1.09-0.94%). The chemical structure of these essential oils compounds are given in Fig. 5.

#### Phenolic and Flavonoid compounds

*C. hystrix* also function to scavenge radical activities, due to their phenolic compounds which has beneficial implications in human health, phenolic compounds (PC) are widely distributed in fruits and vegetables<sup>42</sup>. In terms of chemical structure, phenolic compounds have at least one aromatic ring to which one or more hydroxyl

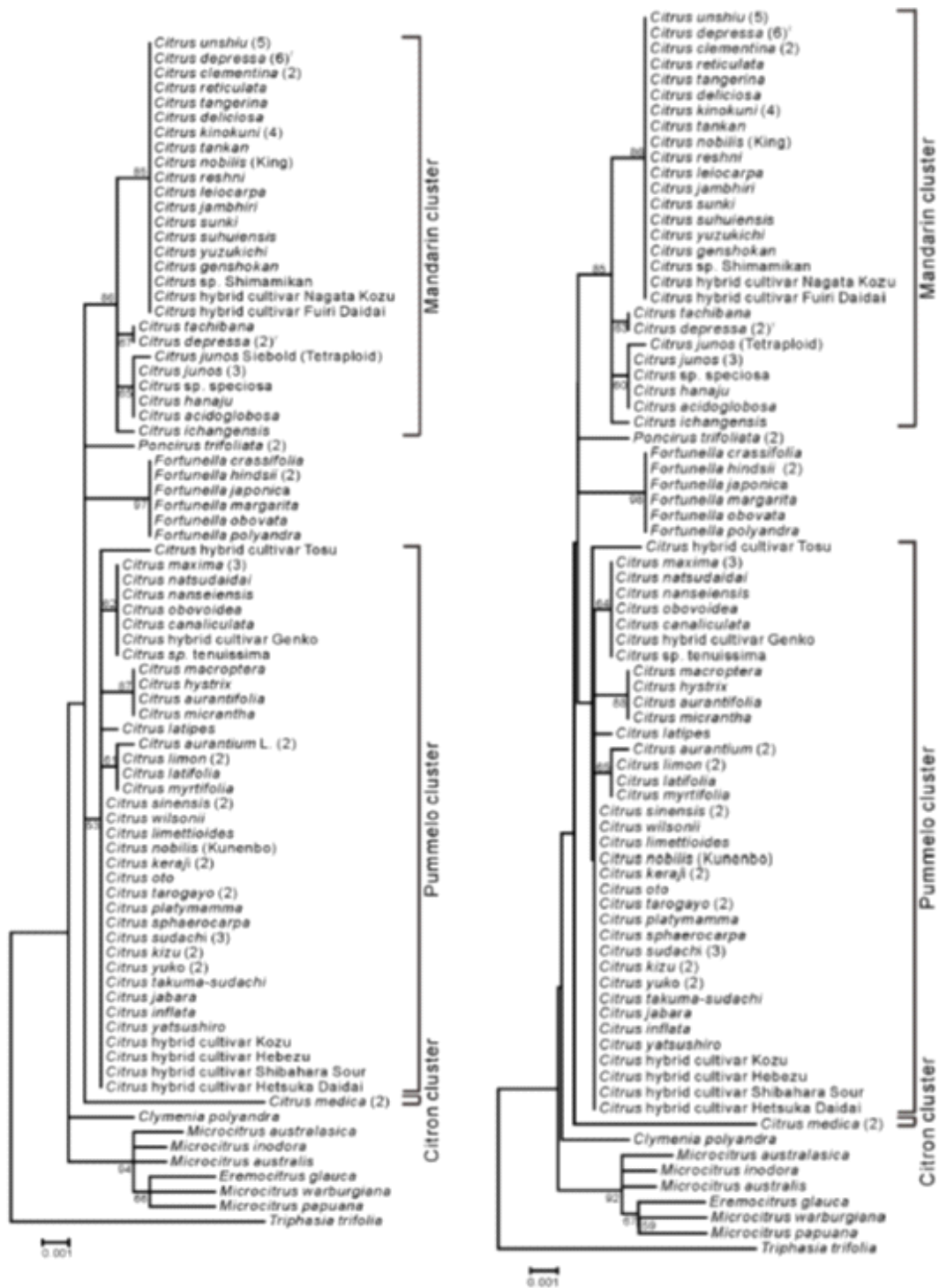


**Fig.1.** Tree (a), Fruit (b), Seeds (c), Flowers (d) and Leaves (e) of *Citrus hystrix*.



**Fig. 2.** Analysis of RAPD and SCAR data (Left) and *cpDNA* markers (Right); Evidence of *C. hystrix* cluster distinction from the “Citron” cluster<sup>21</sup>





**Fig. 3.** Chloroplast *matK* gene sequences analysis of genus *Citrus*; Maximum likelihood tree (Left) and neighbor-joining tree (Right) showing the three clusters: Citron, Pummelo and Mandarin. *Penjor et al.* (2013)<sup>23</sup>

groups are bonded to aromatic or aliphatic structures<sup>43</sup>.

Phenolic compounds range from simple phenolic molecules to highly polymerized compounds. However, these phenolic compounds were obtained mainly in ethanolic extracts<sup>44</sup>.

Besides their antioxidant activities, flavonoids have been demonstrated to have a wide range of biochemical and pharmacological effects including anti-inflammatory, anti-viral, anti-allergenic, anti-carcinogenic, anti-ageing activity, anti-oxidant and anti-allergic effects<sup>45,46</sup>. Flavonoids represent the widely distributed group of plant phenolics, including the anthocyanin pigments, flavonols, flavones, flavanols, and isoflavones. The flavanols tend to polymerize to condensed tannins<sup>47</sup>.

The group of non-flavonoids is mainly represented by benzoic and cinnamic acid known as phenolic acids<sup>44</sup>. Flavonoids are the most common and widely distributed group of plant phenolic compounds that are characterized by a benzopyrene structure, which is ubiquitous in fruits and vegetables; and can be analyzed using colorimetric method by reaction with sodium nitrite and the development of coloured flavonoid-aluminium complex formation using aluminium chloride. The presence of polyphenolic compounds like gallic acid, hesperidin, and naringin in citrus fruits have been suggested to be responsible for the anti-diabetic activity<sup>48,49</sup>. Interestingly, the peels of *C. hystrix* have been

reported to contain a variety of phenolic compounds, mainly flavanone, flavone and flavanol<sup>50</sup>. In *C. hystrix*, hesperidin is reported as component, which is responsible for radical scavenging activity<sup>51,52</sup>.

Using supercritical carbon dioxide extraction, vanillic acid, p-coumaric acid, sinapic acid, m-coumaric acid, benzoic acid and cinnamic acid were isolated from the plant leaves<sup>53</sup>. Three known coumarins, bergamottin, oxypeucedanin and 5-[(6',7'-dihydroxy-3',7'-dimethyl-2-octenyl)oxy] psoralen were exhibited inhibitory activities against both lipopolysaccharide (LPS) and interferon- $\alpha$  (IFN- $\alpha$ )-induced nitric oxide (NO) generation in RAW 264.7 cells<sup>54</sup>. The chemical structures of these main phenolic compounds found in *C. hystrix* are showed in Fig. 6.<sup>55</sup>

**Other extracts**

Two glyceroglycolipids were isolated by Murakami *et al.* (1995)<sup>56</sup>, from the leaves of *C. hystrix*, and identified as 1,2-di-O-a-linolenoyl-3-O-beta-galactopyranosyl-sn-glycerol (DLGG) and a mixture of two compounds, 1-O-a-linolenoyl-2-O-palmitoyl-3-O-beta-galactopyranosyl-sn-glycerol and its counterpart (LPGG). These compounds inhibit the tumor-promoting activity of 12-O-Tetradecanoylphorbol 13-Acetate in Mouse skin. However, in addition of two coumarins (hystrixarin and hopeyhopin, an benzenoid derivatives (hystroxene-I), and an quinolinone alkaloid (hystrolinone), as shown in Fig. 6, were isolated from the crude acetone extract of root of *C. hystrix*<sup>57</sup>.



Fig. 4. Neighbor-joining method based on *DArT* microarrays study of 23 Citrus species<sup>24</sup>

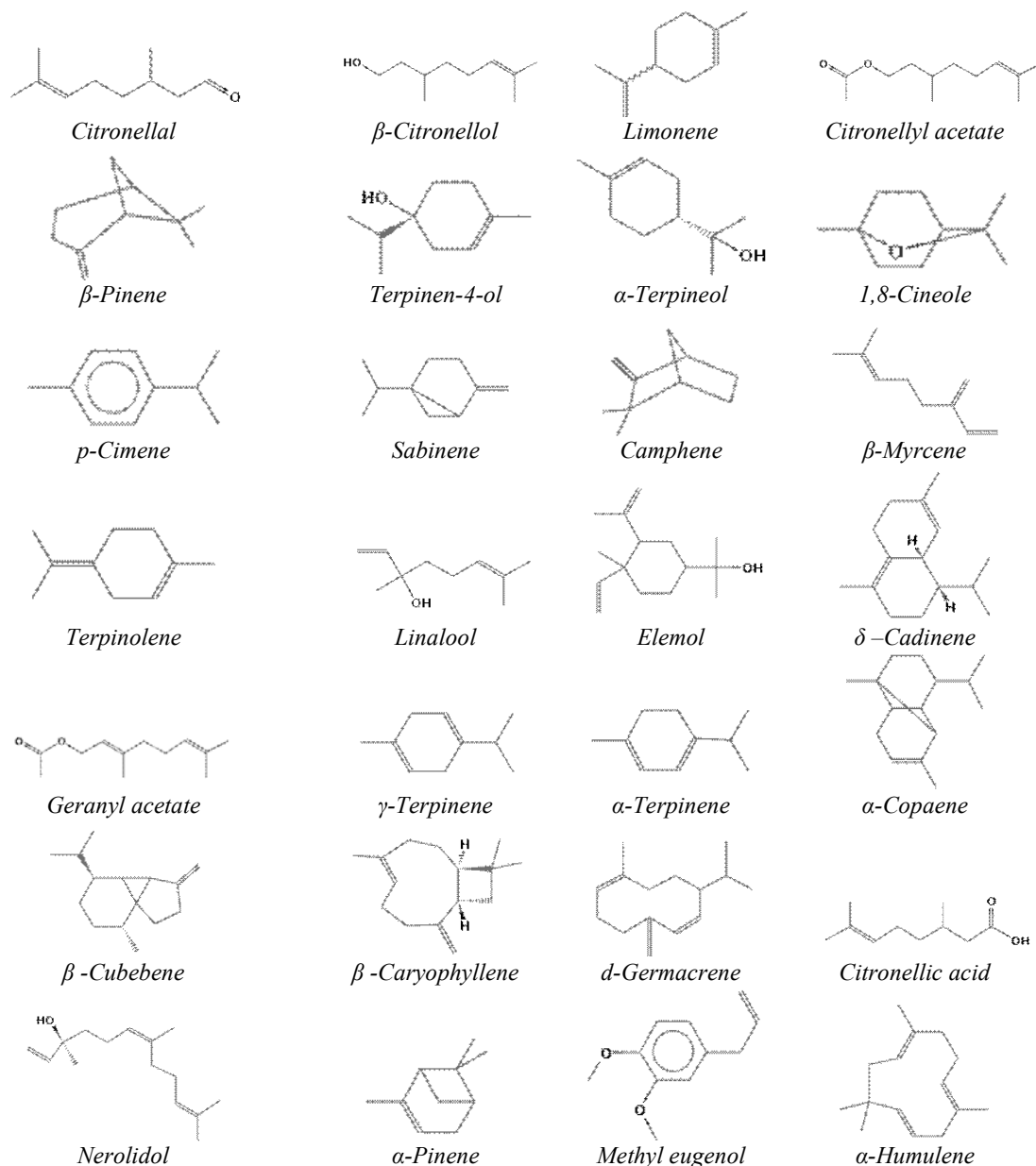
**Biological activities**

According to the diversity of chemical compounds extract from *C. hystrix*, several works have undertaken for the assessment of some biological activities both *in vitro* or *in vivo* systems.

**Antimicrobial: antibacterial and antifungal activities**

Waikedre *et al.* (2010)<sup>35</sup>, have tested the

leaves essential oil against three Gram positive bacteria (*Staphylococcus aureus*, *Staphylococcus epidermidis* and *Bacillus subtilis*), two Gram negative bacteria (*Klebsiella pneumonia* and *Escherichia coli*), and five fungal strains (*Aspergillus fumigates*, *Candida albicans*, *Cryptococcus neoformans*, *Saccharomyces cerevisiae* and *Trichophyton mentagrophytes*). The tested essential oil was inactive against



**Fig. 5.** Structures of essential oils obtained from leaves and peels of *C. hystrix*



**Table 1.** Summary of main essential oils compounds from *C. hystrix* DC. leaves and peels as reported by previous studies

Location and years of study	Main components	%	Part of plant	references
Malaysia, 1996	$\beta$ -Pinene	39.3	Peels	30
	Limonene	14.2		
	Citronellal	72.4	Leaves	
Malaysia, 1999	L-Citronellal	61.73-72.45	Leaves	36
		12.56	Peels	
	L-Limonene	5.90-6.78	Leaves	
		11.78	Peels	
	Sabinene	1.60-2.03	Leaves	
		20.13	Peels	
	Linalool	0.96-1.56	Leaves	
		1.82	Peels	
	$\beta$ -Citronellol	10.34-13.43	Leaves	
		3.34	Peels	
	Citronellyl acetate	1.22-2.02	Leaves	
		1.67	Peels	
Thailand, 2007	Limonene	30.73	Peels	38
	$\beta$ -Pinene	18.76		
	Terpinene-4-ol	10.63		
	$\alpha$ -Terpineol	8.35		
	$\gamma$ -Terpinene	6.18		
	$\alpha$ -Terpinene	5.09		
	Terpinolene	4.33		
New Caledonia, 2010	Terpinen-4-ol	13.0	Leaves	28
	$\beta$ -Pinene	10.9		
	Limonene	4.7		
	$\alpha$ -Terpineol	7.6		
	1,8-Cineole	6.4		
	Citronellol	6.0		
Thailand, 2010	Sabinene	2.21	Leaves	41
		1.55	Peels	
	$\beta$ -Pinene	1.67	Leaves	
		1.82	Peels	
	Limonene	1.18	Leaves	
		1.13	Peels	
	L-Linalool	4.36	Leaves	
		4.22	Peels	
	Citronellal	23.41	Leaves	
		23.85	Peels	
	$\alpha$ -Terpineol	5.40	Leaves	
		5.15	Peels	
	Citronellol	1.40	Leaves	
		1.48	Peels	
	Citronellyl acetate	3.75	Leaves	
		3.82	Peels	
	$\alpha$ -Copaene	2.35	Leaves	
		2.16	Peels	
	Geranyl acetate	4.45	Leaves	
		5.12	Peels	
	$\beta$ -Cubebene	2.46	Leaves	
		2.34	Peels	

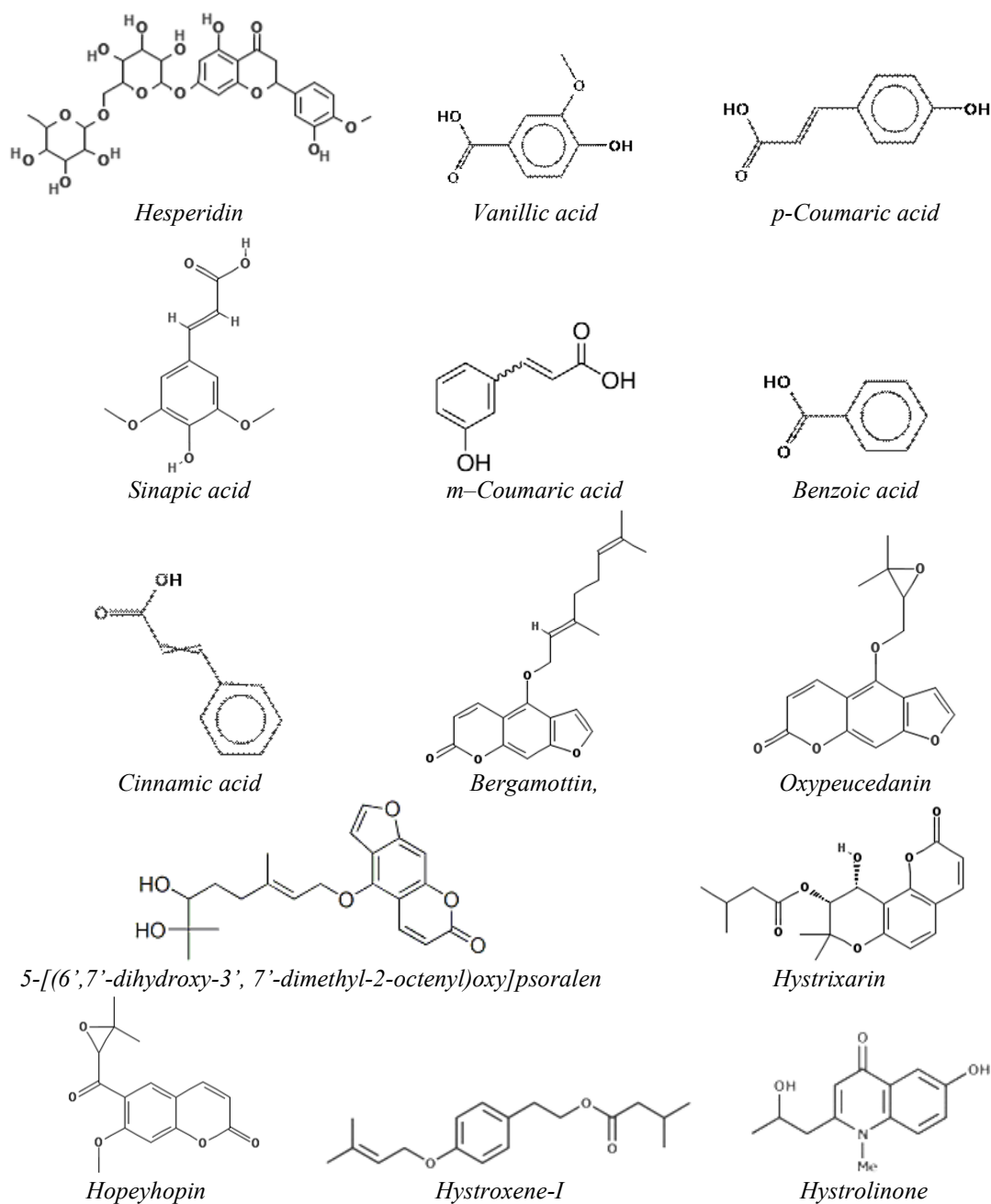
	$\beta$ -Caryophyllene	3.51	Leaves	
		3.73	Peels	
	d-Germacrene	1.82	Leaves	
		2.01	Peels	
	$\delta$ -Cadinene	4.74	Leaves	
		5.69	Peels	
	Elemol	4.17	Leaves	
		6.59	Peels	
Malaysi, 2011	$\beta$ -Citronellal	66.85	Leaves	37
	$\beta$ -Citronellol	6.59		
	Linalool	3.90		
	Citronellol	1.76		
Thailand, 2012	Limonene	40.65	Leaves	39
	Terpinene-4-ol	13.71		
	$\alpha$ -Terpineol	13.20		
Thailand, 2013	Citronellic acid	4.5	Leaves	29
	Nerolidol	2.14		
	$\delta$ -Cadinene	1.49		
	Citronellal	1.41		
	Citronellol	1.39		
Malaysia, 2013	Sabinene	27.498 - 45.594	Peels	32
	Limonene	28.649 - 32.455		
	Citronellal	8.293 - 17.487		
	$\alpha$ -Pinene	7.147 - 8.974		
	$\beta$ -Pinene	1.255 - 2.515		
Malaysia, 2013	Sabinene,	46.165 - 48.5	Peels	23
	Limonene,	25.742 - 27.714		
	$\beta$ -Pinene	8.759 - 10.088		
	Citronellal	3.247 - 7.146		
	$\alpha$ -Pinene,	2.959 - 3.223		
	Myrcene	1.338 - 1.469		
	Terpinen-4-ol	0.457 - 1.054		
Malaysia, 2013	Sabinene	31.224 - 46.573	Peels	34
	$\beta$ -Pinene	13.509 - 32.967		
	Limonene	17.232 - 20.687		
	Citronellal	4.616 - 7.829		
	$\alpha$ -Pinene	3.047 - 3.546		
	Myrcene	1.804 - 1.985		
	Terpinen-4-ol	1.823 - 2.822		
	$\gamma$ -Terpinene	0.735 - 1.775		
	Linalool	0.633 - 1.156		
	$\alpha$ -Terpineol	0.438 - 0.907		
Mauritius, 2016	Limonene	83.89	Leaves	40
	$\alpha$ -Pinene	3.02		
	$\alpha$ -Myrcene	0.89		
	$\beta$ -Pinene	0.78		

bacteria but showed moderate activity against *Cryptococcus neoformans* and *Saccharomyces cerevisiae* with MIC of (50 mg/ml). This value is about tenfold lower than the used antifungal agent standard (ketoconazole :5 mg/ml). The GC-MS of the tested essential oil was characterized by high

contents of terpinen-4-ol (13.0%),  $\alpha$ -terpineol (7.6%), 1,8-cineole (6.4%), and citronellol (6.0%). Testing the antibacterial activities of the two essential oils of makrut leaf and makrut fruit peel against 411 isolates of groups A, B, C, F, G *Streptococci*, *Streptococcus pneumoniae*,

*Haemophilus influenzae*, *Staphylococcus aureus* (Methicillin-Resistant and -Sensitive *S. aureus*) and *Acinetobacter baumannii*, obtained from patients with respiratory tract infections, Vimol *et al.* (2012)<sup>39</sup>, report that both essential oils were effective against all tested pathogens with minimal

inhibitory concentration (MIC) ranges of 0.06–68 mg/ml and 0.03–17.40 mg/ml, respectively for leaves and fruit essential oils from *C. hystrix*. The GC-MS analysis of the used essential oils revealed that citronellal was found to be the major component (80.04%) in the leaf essential oil and had the lowest



**Fig. 6.** Structure of phenolic compounds, coumarins and a quinolinone alkaloid from *C. hystrix DC*

MIC. In contrast, fruits peel essential oil consisted of mixture of components (limonene 40.65%, terpinene-4-ol 13.71%,  $\alpha$ -terpineol (13.20%), and the most active fraction was  $\alpha$ -terpineol, followed by terpinene-4-ol, and limonene<sup>39</sup>. The antimicrobial activities of volatile oils and extracts of eight Thailand species, *C. hystrix* essential oil were investigated against eight bacteria (3 Gram positive bacteria, *Bacillus subtilis* (ATCC 6051), *Staphylococcus epidermidis* (ATCC 12228), *S. aureus* (ATCC25923); 5 Gram negative bacteria: *Escherichia coli* (ATCC 25922), *Enterococcus faecalis* (ATCC 1406), *Proteus mirabilis* (ATCC 14153), *Pseudomonas aeruginosa* (ATCC 27853); Mycobacterium: *Mycobacterium phlei* (ATCC 11758)) and three fungi (*Candida albicans* (ATCC 10231), *C. parasilosis* (ATCC 90018) and *C. tropicalis* (ATCC 13803)<sup>41</sup>.

The volatile oil of *C. hystrix* leaf, did not show any inhibitory activity against tested organisms, but interestingly, growth of *Mycobacterium phlei* was inhibited by the volatiles of *C. hystrix* peel with MIC of 3.5 mg/ml, with the similar patterns of essential oils in both *C. hystrix* peels and leaves. This bioactive fraction composed of citronellal (about 23%) and similar trace components as L-linalool (4.22%),  $\alpha$ -pinene (1.82%) and limonene (1.13%)<sup>41</sup>.

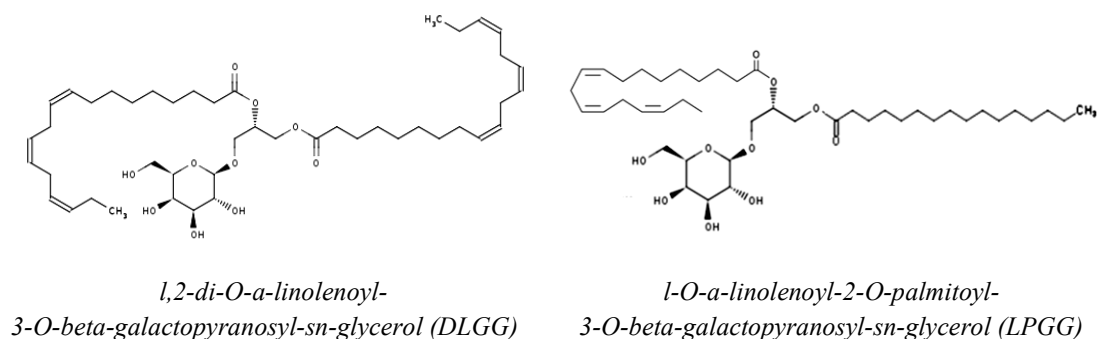
It have been also reported hydrodistillation and ethyl acetate extract of *C. hystrix* peels showed broad spectrum of inhibition against three Gram-positive bacteria (*Staphylococcus aureus*, *Bacillus cereus* and *Listeria monocytogenes*), one yeast (*Saccharomyces cerevisiae* var. *sake*) and one mold

(*Aspergillus fumigatus* TISTR 3180)<sup>58</sup>. The tested ethyl acetate extracted essential oils of *C. hystrix* peel had stronger antibacterial activity than the volatile obtained from hydrodistillation.

It exhibited minimum inhibitory concentration (MIC) values of 0.28 and 0.56 mg/ml against the tested yeast and *B. cereus*, respectively while the minimum bactericidal concentration (MBC) values against both microbes were 0.56 mg/ml. The MIC values of the ethyl acetate extracted essential oils against *L. monocytogenes*, *S. aureus* and the mold were 1.13 mg/ml while the MBC values against *L. monocytogenes* as well as the mold *A. fumigatus* TISTR 3180 and *S. aureus* were 2.25 and 1.13 mg/ml, respectively. The GC-MS analyses revealed that the major components of the ethyl acetate extracted essential oil were limonene (31.64 %), citronellal (25.96 %) and  $\alpha$ -pinene (6.83 %) whereas  $\alpha$ -pinene (30.48 %), sabinene (22.75 %) and citronellal (15.66 %) appeared to be major compounds of the essential oil obtained by hydrodistillation<sup>58</sup>.

#### Anti-inflammatory and Antioxidant activities

On studying anti-Inflammatory response with a model based on lipopolysaccharide-activated RAW 264.7 Murine Macrophages, Tuntipopipat *et al.* (2009)<sup>59</sup>, found that among 13 plants, the extract (with 70% ethanol) of the freeze-dried fresh leaf *C. hystrix*, with extract from seven other plant, inhibited NO and TNF- $\alpha$  production in a dose-dependent manner without exerting cytotoxicity. Kaffer lime extract should be used in a concentration of 29.2+2.1  $\mu$ g/mL and 35.4+1.5  $\mu$ g/mL to reach the IC<sub>50</sub>, respectively for the inhibition of NO Production and for TNF- $\alpha$  Secretion by LPS-Activated RAW 264.7 Cells.



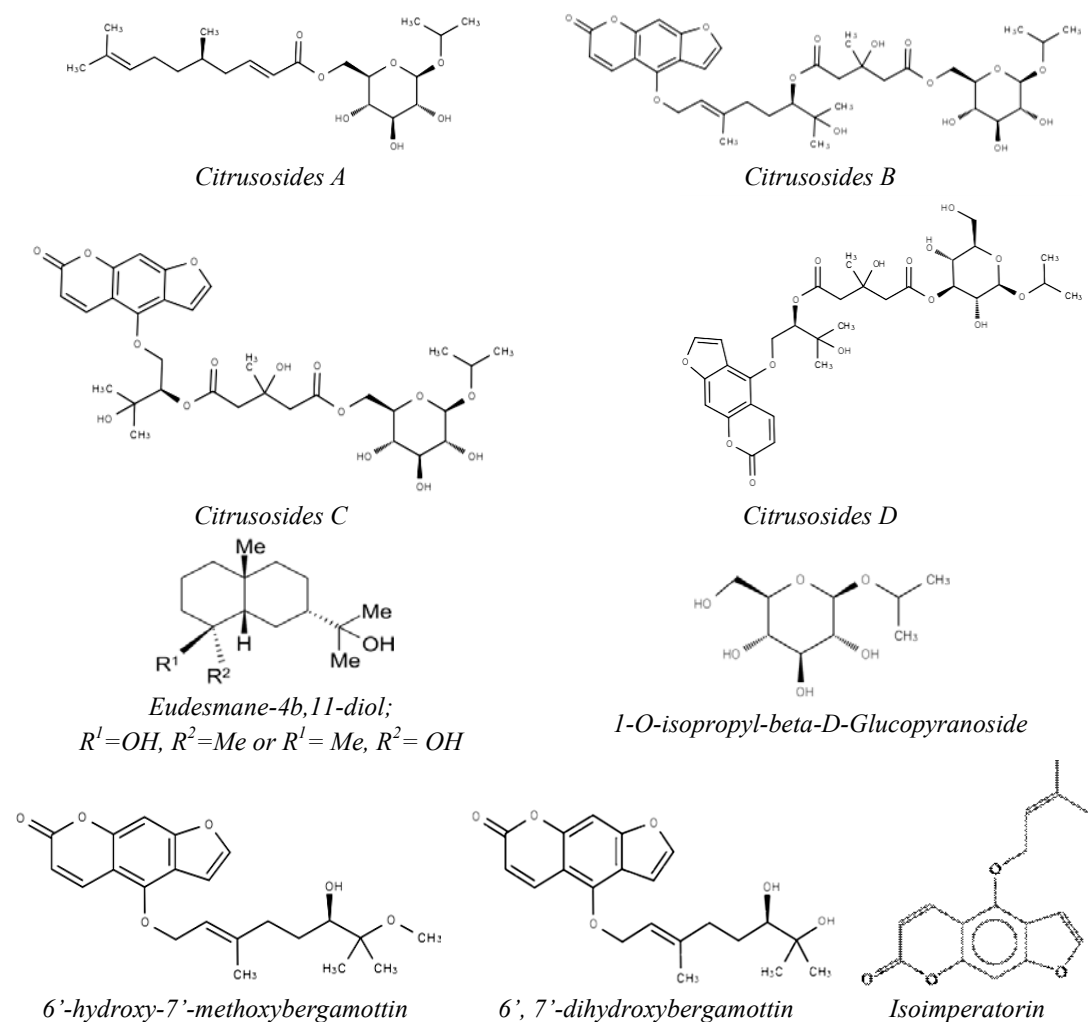
**Fig. 7.** Structure of two glyceroglycolipids from *C. hystrix* with anti-tumor promoting activity

For antioxidant activity evaluation, based on DPPH radical scavenging capacity method, the methanolic extracts from leaf and peel of *C. hystrix*, have promising a potent antioxidant activity with  $IC_{50}$  of 24.6 and 66.3 microg/ml respectively for leaves and peel<sup>41</sup>. The antioxidant activity of fresh juice of *C. hystrix* was evaluated by employing different *in vitro* assays covering applied for the contents of total phenolics, tannins, and total flavonoids ranged that tanged respectively 836.90 mg gallic acid equivalent (GAE)/L, 507.61 mg gallic acid equivalent(GAE)/L and 224.88 mg rutin equivalent/L. Antioxidant potential based on FRAP assay show a value of 30504.40 mmol of ferrous

equivalents/L juice, DPPH• and ABTS•+ scavaging are respectively about 10903,28 mmol of trolox equivalents/L juice, and 33830.69 mg of EDTA equivalents/L juice. Both superoxide radical and hydroxyl radical scavenging activity are in the range of 19.89 % and 42.91 %, respectively. Also, metal chelating activity reaches 7.73 mg of EDTA equivalents/L juice. These results indicated that fresh juice of *C. hystrix* could be used as a source of antioxidant agents<sup>60</sup>.

**Hepatoprotective activity**

Abirami *et al.* (2015)<sup>61</sup> have evaluated the hepatoprotective effects of *C. hystrix* methanolic leaf extracts on paracetamol induced toxicity in a



**Fig. 8.** Chemical structure of citrusosides A-D; 6'-hydroxy-7'-methoxybergamottin; 6', 7'-dihydroxybergamottin and isoimperatorin and other molecules responsible of cholinesterase inhibition activity<sup>58</sup>



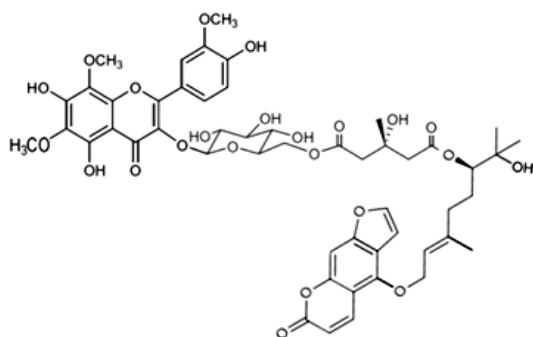
Swiss albino mice model. Leaf extracts were administrated at the dose of 200 mg/kg body weight for 7 days and toxicity was induced by paracetamol (2 g/kg) on day 5, Liver function markers (ALT, AST, ALP), total bilirubin and total protein in blood serums and hepatic antioxidants (SOD, CAT, GSH and GPx) in liver homogenate were estimated after that animals were sacrificed on the 7<sup>th</sup> day.

However, the recent study conducted by Abirami *et al.* (2015)<sup>61</sup>, shows that methanolic extracts of *C. hystrix* leaf possess hepatoprotective action against murine paracetamol induced hepatotoxicity; The level of enzyme markers (alanine transaminase, aspartate transaminase and alkaline phosphatase) in experimental rats were significantly restored of by the interventions *C. hystrix* leaves extract to the comparable level of normal control.

Pretreatment with *C. hystrix* extracts brought back the oxidative stress markers (superoxide dismutase, catalase and glutathione peroxidase) in the range of normal control rats. In the same study, the histopathological examination have confirmed that pretreatment with methanolic extracts of *C. hystrix* leaf in paracetamol intoxicated rats showed recovery of the hepatocytes from necrosis indicating that sample extracts preserved the structural integrity of the hepatocellular membrane and liver cell architecture damaged by paracetamol action.

#### Anti-Cancer Effect

The early study to assess the anticancer properties of methanolic extract of *C. hystrix* fresh leaves by Murakami *et al.* (1995)<sup>55</sup> reported the plant



**Fig. 9.** Chemical structure of flavonol compound possessing a 3-O-beta-D-glucopyranosyl- 3,5,7,4'-tetrahydroxy-6,8,3'-trimethoxyflavonol nucleus in the prenylfuranocoumarin-HMGA conjugate<sup>70</sup>

anti-tumor properties on mouse skin in a two-stage induced by dimethylbenz[a]anthracene (DMBA) and 12-O-tetradecanoylphorbol 13-acetate (TPA). The results showed that the IC<sub>50</sub> values of two compounds were strikingly lower than those of representative used cancer preventive agents such as a-linolenic acid, beta-carotene, or (-) epigallocatechin gallate. Also, one compound exhibited anti-tumor-promoting activity was identified as 1,2-di-O-a-linolenoyl-3-O-beta-galactopyranosyl-sn-glycerol (DLGG). The second compound was identified as a mixture of l-O-a-linolenoyl-2-O-palmitoyl-3-O-beta-galactopyranosyl-sn-glycerol and its counterpart (LPGG) as shown in Fig 7.

However, its well known that several medicinal plant exhibit anti-proliferative activity<sup>62</sup>, Manosroi *et al.* (2006)<sup>63</sup>, have investigated the anti-proliferative activity of essential oil extracted from 17 Thai medicinal plants on human mouth epidermal carcinoma (KB) and murine leukemia (P388) cell lines using MTT assay. The IC50 value of both *C. hystrix* fruit and leaf, was, respectively, 0.0997 - 1.1479 mg/ml in KB cell line and 0.0746- 0.3977 in P388 cell line. Then, these two *C. hystrix* essential oils have an anti-proliferative activity on cervical cancer (KB cell) and mouse leukemia (P388 cell).

Five fractions of crude extract (hexane, ethanol, ethyl acetate, butanol and methanol) from the leaves of *C. hystrix* were investigated *in vitro* for their potential cytotoxic activity on 4 leukemic cell lines (HL60, K562, Molt4, U937), and normal human peripheral blood mononuclear cells (PBMCs) using the MTT assay<sup>64</sup>.

The cytotoxicity bioassays showed that the ethyl acetate fraction exhibited the highest cytotoxicity, with IC<sub>50</sub> values of 19.0±0.6, 35.3±1.4, 21.8±0.4, and 19.8±1.0 ig/ml, in response to the 4 leukemic cell lines (HL60, K562, Molt4, and U937), respectively.

These were higher than those of fractions from hexane, ethanol, and butanol. However, none of the five fractions had cytotoxic effects on PBMCs; Also, the methanol fraction did not exhibit any cytotoxic activity<sup>64</sup>.

The cytotoxicity effects and apoptosis induced by three different kaffir lime leaves extract (ethanol, ethyl acetate, and hexane) to cervical cancer cell line (HeLa cells) were studied by Nastiti *et al.* (2013)<sup>65</sup>. They used cytotoxicity assay via

MTT assay, and apoptosis test with double staining method (ethidium bromide-acrydine orange). The three kaffir lime crude extract exhibited dose dependently HeLa cells proliferation inhibition. The IC<sub>50</sub> of ethanolic and ethyl acetate extract was 82,034 and 57,845  $\mu\text{g/mL}$ , respectively, these two extract were able to induce apoptosis of HeLa cells by increasing the number of apoptotic cells. On the other hand hexane extract was not cytotoxic with IC<sub>50</sub> of 203,992  $\mu\text{g/mL}$ . In addition, the results showed that ethyl acetate extract of kaffir lime was the most potential to induce apoptosis in HeLa cells.

The cytotoxic effect of kaffir lime leaf extracts on cervical cancer and neuroblastoma cell lines based on the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay was carried out by Woro *et al.* (2014)<sup>66</sup>. They showed that both ethyl acetate and chloroform extracts have an IC<sub>50</sub> for HeLa cells, UKF-NB3, IMR-5 and SK-N-AS parental cells of 40.7-17.6; 28.4-18.9; 14.1-6.4 and 25.2-9.4 ( $\mu\text{g/mL}$ ) respectively. Then, kaffir lime extract reduces the viability of cervical and neuroblastoma cell lines and may have potential as anti-cancer compounds.

#### **Cholinesterase inhibition activity**

Increasing communication between nerve cells that use acetyl-choline as a chemical messenger produce a therapeutic effect in patients with Alzheimer's disease, glaucoma, myasthenia gravis, and for the recovery of neuromuscular block in surgery, then, acetylcholine breakdown in the brain can be prevented by the inhibition of acetyl cholinesterase activity, which subsequently increases the concentration of acetylcholine<sup>67</sup>. The juices of *C. hystrix* possess strong anti-cholinesterase activity of 79.74% against 86.89% of the used reference compound (Eserine)<sup>60</sup>.

From the hexanes and dichloromethane extracts of the peels of *C. hystrix* fruits, Youkwan *et al.* (2010)<sup>68</sup> have isolated 4 new citrusosides A-D, six furanocoumarins, a sesquiterpene (eudesmane-4b,11-diol), 5 monoterpenes, and 1-O-isopropyl-beta-D-glucopyranoside. The Butyryl-cholinesterase inhibitory activity of the isolated fractions was investigated and 62-hydroxy-72-methoxybergamottin was found as a compound to possess the highest potency, showing an IC<sub>50</sub> value of 11.2 $\pm$ 0.1  $\mu\text{M}$  against 3.2 $\pm$ 0.2  $\mu\text{M}$  of galanthamine (a positive control).

However, 62,72-dihydroxybergamottin and isoimperatorin showed IC<sub>50</sub> values of 15.4 $\pm$ 0.3 and 23 $\pm$ 0.2  $\mu\text{M}$ , respectively. These molecules are represented in Fig. 8.

In the study undertaken by Wantida *et al.* (2010)<sup>69</sup>, essential oils of *C. hystrix* were tested for their acetyl-cholinesterase (AChE) and butyryl-cholinesterase (BChE) inhibitory activities. The tested essential oil exhibited inhibitory activity on BChE higher than on AChE.

Among sixteen compounds isolated by Chonticha *et al.* (2016)<sup>70</sup>, from the ethyl acetate extract of the fruit peels of *C. hystrix*, only one flavonol compound, (3-O-beta-D-glucopyranosyl-3,5,7,4'-tetrahydroxy-6,8,3'-trimethoxyflavonol nucleus in the prenylfuranocoumarin-HMGA conjugate, Fig. 9) showed very potent butyryl-cholinesterase inhibitory activity with IC<sub>50</sub> value of 10.12  $\pm$  0.22  $\mu\text{M}$ , against galanthamine, a positive control compound with IC50 value of 11.2  $\pm$  0.09  $\mu\text{M}$ .

#### **Insecticidal and larvicidal activities**

The study of insecticidal properties of essential oil from *Citrus hystrix* DC fresh leaves against tobacco armyworm *Spodoptera litura* fabricius, using topical application bioassay on uniform weighted second instar larvae, demonstrated considerable repellent activity against the armyworm larvae after 24 and 48 h of treatment with LD50 values of 29.25 and 26.75  $\mu\text{g/mL}$ , respectively. Also, the growth and development study in the antifeedant test showed that weight gained of larvae treated with *C. hystrix* essential oil were lower as compared to control treatment.

GCMS analyses of the tested essential oil revealed the presence of 29 compounds with dominance of beta-citronellal as major compound (66.85%) of total essential oil followed by beta-citronellol (6.59%), linalool (3.90%) and citronellol (1.76%)<sup>37</sup>.

In another study, Mya *et al.* (2015)<sup>71</sup>, used ethanol extract of *Citrus hystrix* leaves to assess their larvicidal effects against *Aedes aegypti* which is the primary vector of dengue<sup>72</sup>; Result suggests that high concentrations of *Citrus hystrix* leaves ethanol extract can be used for the eradication of *A. aegypti*; then, concentrations of 2.4-2.1-1.8-1.5 and 1.2% of the tested leaves ethanol extract caused 99.5-85.5-62.5-26.5 and 2% mortality of

*Aedes* larvae in 24 hrs, respectively.

Ansori *et al.* (2015)<sup>73</sup>, tested (methanol) and non-polar (n-hexane) extract fractions of *C. hystrix* leaves, with concentrations of 500 ppm, 1375 ppm, 2250 ppm, 3125 ppm, and 4000 ppm against the 3rd instar larvae of *A. aegypti*; The number of mosquito larvae mortality was calculated after 24 hours of treatment. The results reported that non-polar extract fraction is more toxic and is an effective biolarvicide with  $LC_{90} = 2,885$  ppm compared with polar extract fraction which has an  $LC_{90} = 3,180$  ppm.

Using an excito-repellency test system, Nararak *et al.* (2016)<sup>74</sup>, studied the effect of essential oils of the leaf and peel of kaffir lime at four different concentrations (0.5, 1.0, 2.5, and 5.0% v/v) for their repellency, excitation, and knockdown properties against laboratory strains of *A. aegypti* (L.) and *Anopheles minimus Theobald* at the 3–5 day aged old mosquito starved 24 h before testing.

For repellency against *A. aegypti*, leaf volatile oil produced the greatest response for both contact (56.1% escape) and non-contact trials with 63.3% escape at 2.5%, while peel volatile oil produced the strongest response with 46.5% escape at 2.5%.

Against *Anopheles minimus Theobald*, essential oil from *C. hystrix* leaf had strong combined irritant and repellent activity responses at 1–5% concentrations (90.0–96.4% escape) and the strongest spatial repellent activity at 1% and 2% (85.9% and 87.2% escape), respectively. The peel essential oil exhibited good excitation with repellency at concentrations of 2.5% (89.8% escape) and 5% (96.28% escape), while concentrations 1–5% showed more moderate repellent activity.

However, knockdown responses above 50% were only observed in *A. aegypti* exposed to 5% leaf essential oil. Then, the tested Kaffir lime essential oils were more active against *Anopheles minimus Theobald* than *A. aegypti* mosquitoes<sup>74</sup>. Leaf significantly appear more active than peel essential oils at each concentration against *Anopheles minimus* in contact and non-contact trials, except at the highest (5%) concentration.

#### **Others bioactivities: Antifertility, Tyrosinase inhibitory activity and Cardioprotective effect**

Pawinee *et al.* (1995)<sup>75</sup> investigated the effect of oral administration of both alcohol and

chloroform extract of *C. hystrix* DC fruit peel for antifertility activity in pregnant adult female rats (Wistar) by oral administration at different periods of gestation.

They showed an enhancement of the uterotrophic effect of estradiol when both extract were simultaneously given; additionally, the extract stimulated uterine contractions. These two effects may be responsible for the interruption of pregnancy associated with the extract. Then, alcohol and chloroform extract of *C. hystrix* were found to effectively inhibit implantation, produce abortion and slightly hasten labor time when it was given from day 2 to 5, day 8 to 12 and day 15 until labor, respectively.

Administration of the chloroform extract in a dose of 1 g/kg produces a 62.2 f 14.5% inhibition of implantation. However, administration of the chloroform extract at a dose of 1 g/kg twice a day from day 8 to 12 interrupted pregnancy by 91.9+5.5% while the same amount of the alcohol extract produced the effect by 86.3+ 9.6%.

According to the anti-implantation effect, they founded that chloroform extract also possesses a higher abortifacient activity than the alcohol extract<sup>75</sup>.

Tyrosinase is responsible for the formation of melanin in the human body; however, surplus expression of tyrosinase is a major problem which can lead to several skin hyperpigmentation disorders such as, seborrheic keratoses, melasma, diabetic dermopathy, tinea versicolor, melasmas and malignant melanomas<sup>76</sup>. Abirami *et al.* (2014)<sup>60</sup>, reported that *C. hystrix* juice exhibited excellent tyrosinase *inhibitory* activity of 80.79%, against 90.87% of the used reference compound (Kojic acid).

A recent study conducted by Aumeeruddy-Elalfi *et al.* (2016)<sup>77</sup> showed the potency of 19 essential oils from exotic and endemic medicinal plants from Mauritius. The results tend to show that essential oils extracted from these medicinal plants can exhibit anti-tyrosinase activities and may be potential candidates for the cosmetic, food and pharmaceutical industries. Results showed that *C. hystrix* essential oils exhibit an  $IC_{50}$  of  $2.08 \pm 0.253$   $\mu$ g/ml. Putri *et al.* (2013)<sup>78</sup>, analyzed the effects of *C. hystrix* peel ethanolic extract on blood serum alanine aminotransferase (ALT) and aspartate aminotransferase (AST)

activity, and observed by light microscope the cardio-hepato-histopathology of a doxorubicin-induced cardiac and hepatic toxicity animal model (female Sprague Dawley rats). In the animal groups receiving 500 mg/kg to 1000 mg/kg *C. hystrix* peel ethanolic extract, cardiopathology profile of doxorubicin induced cardiotoxicity and hepatotoxicity rats was repaired, but neither hepatohistopathology profile was did repaired nor serum activity of aminotransferase (ALT) and aspartate aminotransferase (AST) was reduced; Thus, Putri *et al.* (2013)<sup>78</sup>, conclude that the ethanolic extract of *C. hystrix*, can be developed as cardioprotector agent.

#### Safety issues

Regarding the chemical structures and the biological activities of biomolecules from *C. hystrix*, and also, the several domestic uses of this plant and their extracts, it appears that a bio-safety issue for this plant may be highlighted.

No information was founded on toxicity profile of *C. hystrix* biomolecules in the second edition of a Guide for Health Care Professionals of Essential Oil Safety<sup>79</sup>.

From, the released draft tentative report of the Cosmetic Ingredient Review Expert Panel (May and October, 2016), entitled “Safety Assessment of Citrus Flower- and Leaf-Derived Ingredients as Used in Cosmetics”. Thus, it appear that *C. hystrix* leaf extract produced by extracting dried leaves with 80% ethanolic solution is reported as safe and to be non-irritating and non-sensitizing.

#### CONCLUSION

*C. hystrix* has been used as food and medicine with long history mainly in the Asian region. It is also a flavor food with health value. The present study reported phylogenetic taxonomy based on bootstrap analysis of RAPD, SCAR data, cpDNA markers and the chloroplast *matK* gene sequences analysis showed that *C. hystrix* belong to Pummelo cluster which is genetically distinct from the Citron cluster and the Mandarin cluster. The chemical structures of bioactives molecules explain its traditional uses and his potential to be used in cosmeticeucal and pharmaceuticals.

*C. hystrix* essential oils are the mostly studied biomolecules and they have potential beneficial therapeutic actions in the management of bacterial and fungal infections. The chemical composition revealed that essential oil of leaves and fruit peel of *C. hystrix* have generally a different profile; then, among reported studies, the *C. hystrix* leaves are characterized by citronellal,  $\alpha$ -citronellol and terpinen-4-ol as major components. However, citronellyl acetate,  $\alpha$ -pinene, limonene, alpha-terpineol, 1,8-cineole, citronellol, p-cimene, and limonene were identified as minor components. Whereas, kaffir lime peels content respectively limonene,  $\alpha$ -pinene, sabinene and citronellal as major components with other minor components like terpinene-4-ol, a-terpineol, g-terpinene, a-terpinene and terpinolene. Other essential oils compounds of *C. hystrix* were detected in little amount in both leaves and peels such as elemol, delta-cadinene, geranylacetate and L-linalool. The reported studies show that some of tested essential oils were inactive against bacteria. Mainly those content terpinen-4-ol as major compounds. However, essential oils with citronellal as major component were more effective against bacterial strains.

In the future, more deep analysis and profiling of the volatile oils are needed to allow further elaboration of a chemotype of *C. hystrix* based on essential oils profile. Interestingly, phenolic compounds of the peels of *C. hystrix* contain a variety of flavanone, flavone and flavonol; Vanillic acid, p-coumaric acid, sinapic acid, m-coumaric acid, benzoic acid and cinnamic acid were isolated from *C. hystrix* leaves. In addition, flavonoids such as cyanidin, myricetin, peonidin, quercetin, luteolin, hesperetin, apigenin and isorhamnetin, as flavanone compounds, didymin and hesperidine were isolated from both leaves and fruit juice and as flavone compounds, rutin and diosmin were isolated just from the leaves. Glyceroglycolipids, 1,2-di-O- $\alpha$ -linolenoyl-3-O-beta-galactopyranosyl-sn-glycerol (DLGG) and a mixture of 1-O- $\alpha$ -linolenoyl-2-O-palmitoyl-3-O-beta-galactopyranosyl-sn-glycerol and its counterpart (LPGG) were identified in the *C. hystrix* leaves. Benzenoid derivatives, (hystroxene-I), quinolinone alkaloid (hystrolinone) were isolated from the crude acetone extract of root of *Citrus hystrix*.



With diversity of contents in the total phenolics, both ethanolic and methanolic extract have promising a potent antiinflammatory, antioxidant activity and hepatoprotective effects. Fresh leaves methanolic extract content 1,2-di-O-*α*-linolenoyl-3-O-beta-galactopyranosyl-sn-glycerol (DLGG) which appear an anti-tumor-promoting agent. Also, some essential oils extracted from fruit and leaves *C.hystrix* have an anti-proliferative activity on cervical cancer (KB cell) and mouse leukemia (P388 cell). Also, Ethyl acetate fraction of leaves of kaffir lime exhibited the highest cytotoxicity activity on leukemic cell lines inducing, also, highest apoptosis in HeLa cells and reducing the viability of cervical and neuroblastoma cell lines. Cholinesterase inhibitory activity was manifested by juices, hexane and dichloromethane extracts of *C. hystrix*, the implicated molecules are citrusosides compounds and 6'-hydroxy-7'-methoxybergamottin and a compound with 3-O-beta-D-glucopyranosyl- 3,5,7,4'-tetrahydroxy-6,8,3'-trimethoxyflavonol nucleus in the prenylfuranocoumarin-HMGA conjugate.

Essential oil from *C. hystrix* DC fresh leaves showed larvicidal effects against tobacco armyworm *Spodoptera litura* fabricius; and a repellent effect, with the peel essential oils, against adult mosquito of *Aedes aegypti* (L.) and *Anopheles minimus* Theobald, However, larvicidal effects against *Aedes aegypti* is reported with the ethanolic extract of *Citrus hystrix* leaves. Others bioactivities such as antifertility effect, tyrosinase inhibitory activity, cardioprotective and hepatoprotective effects were reported. Alcohol and chloroform extract of *C. hystrix* were found to effectively inhibit implantation and produce abortion, therefore, the antifertility effect were proposed. Both essential oils and juice of *C. hystrix* exhibited excellent tyrosinase inhibitory activity and the peel ethanolic extract, showed cardiotoxic and hepatotoxic protective effects on rat model. Both emulsions and microcapsules have been described for the formulation of *C. hystrix* essential oil. Finally, we think that the safety issues in terms of toxicity profile related to the daily use of these biomolecules should be further investigated. In addition, further studies on non-conventional extraction processes involving less solvent and energy use are also needed.

## REFERENCES

1. Krueger, R.R., Navarro, L. Citrus germplasm resources. In: Khan IA. ed. Citrus genetics, breeding, and biotechnology. Wallingford, UK: CAB International, 2007; pp 45–140.
2. Hynniewta, M., Malik, S.K., Rao, S.R. Genetic diversity and phylogenetic analysis of Citrus (L) from north-east India as revealed by meiosis, and molecular analysis of internal transcribed spacer region of rDNA. *Meta Gene.*, 2014; **2**:237-251.
3. Kamal, G.M., Anwar, F., Hussain, A.I., Sarri, N., Ashraf, M.Y. Yield and chemical composition of *Citrus* essential oils as affected by drying pretreatment of peels. *Int. Food Res. J.*, 2011; **18**(4): 1275-1282.
4. Bown, D. *The Royal Horticultural Society New Encyclopedia of Herbs & Their Uses, Great Britain*, Dorling Kindersley, London., 2002; pp 448.
5. Md Othman, S.N.A., Hassan, M.A., Nahar, L., Basar, N., Jamil, S., Sarker, S.D. Essential oils from the Malaysian *Citrus* (Rutaceae) Medicinal Plants. *Medicines.*, 2016; **3**(2):13. doi:10.3390/medicines3020013
6. Swingle, W.T., Reece, P.C. The botany of citrus and its wild relatives, in Reuther W, Webber H J and Batchelor L D (eds), *The Citrus Industry*, University of California Press, Berkeley, CA, 1967; **1**: 190–430.
7. Manner, H.I., Buker, R.S., Smith, V.E., Ward, D., Elevitch, C.R. *Citrus (citrus)* and *Fortunella* (kumquat) species profile. *Pac. Isl. Agrofor.*, 2006; **2**: 1–35.
8. Lim, T.K: *Edible Medicinal and Non-Medicinal Plants: Volume 4, Fruits*. 2012; pp 1023.
9. Taiz L, Zeiger, E: *Plant physiology*, 5<sup>th</sup> edn. Sinauer Associates Inc. Publishers, 2010; pp 778.
10. Figueiredo, A.C., Barroso, J.G., Pedro, L.G., Scheffer, J.J.C. Factors affecting secondary metabolite production in plants: volatile components and essential oils. *Flavour Fragr. J.*, 2008; **23**: 213–226.
11. Choi, S.Y., Ko, H.C., Ko, S.Y., Hwang, J.H., Park, J.G., Kang, S.H., Han, S.H., Yun, S.H., Kim, S.J. Correlation between flavonoid content and the NO production inhibitory activity of peel extracts from various *Citrus* fruits. *Biol. Pharm. Bull.*, 2007; **30**: 772-778.
12. Peterson, J.J., Beecher, G.R., Bhagwat, S.A., Dwyer, J.T., Gebhardt, S.E., Haytowitz, D.B., Holden, J.M. Flavanones in Grapefruit, Lemons, and Limes: A compilation and review of the data



- from the analytical literature. *J. Food Compos. Anal.*, 2006; **19**: 74-80.
13. Koh, D., Ong, C.N. Phytophotodermatitis due to the application of *Citrus hystrix* as a folk remedy. *Br. J. Dermatol.*, 1999; **140**: 737-738.
  14. Wongpornchai, S. Kaffir lime leaf. In: *Handbook of Herbs and Spices* (Second edition; K.V. Peter), Woodhead Publishing Series in Food Science, Technology and Nutrition., 2012; pp 319-328.
  15. Dassanayake, M.D in: *A Revised Handbook to the Flora of Ceylon*; Amerind Publishing Co Ltd. New Delhi, India., 1985; **5**: pp 432-433.
  16. Fortin, H., Vigora, C., Lohezic-Le, F., Robina, V., Le Bosse, B., Boustiea, J., Arnoros, M. *In vitro* antiviral activity of thirty-six plants from La Reunion Island. *Fitoterapia.*, 2002; **73**: 346-350.
  17. Dasuki, S. 202 Benefits of Herbs, *Grup Buku Karangkrif, Selangor*, Malaysia, 2011; 222-223.
  18. Wong, S.P., Leong, L.P., Koh, J.H.W. Antioxidant activities of aqueous extracts of selected plants. *Food Chem.*, 2006 ; **99**: 775-783.
  19. Ng, D.S.H., Rose, L.C., Suhaimi, H., Mohammad, H., Rozaini, M.Z.H., Taib, M. Preliminary evaluation on the antibacterial activities of *Citrus hystrix* oil emulsions stabilized by Tween 80 and Span 80. *Int. J. Pharm. Pharm. Sci.*, 2011; **3**: 209-211.
  20. Tanaka, T. Misunderstanding with regard to citrus classification and nomenclature. *Bul Univ Osaka Prefecture Ser.*, 1969; **21**: 139-145.
  21. Nicolosi, E., Deng, Z., Gentile A., La Malfa S., Continella G., Tribulato E. Citrus phylogeny and genetic origin of important species as investigated by molecular markers. *Theor Appl Genet.*, 2000; **100**: 1155-1166.
  22. Jabalpurwala, F.A., Smoot, J.M., Rouseff, R.L. A comparison of citrus blossom volatiles. *Phytochemistry.*, 2009; **70**: 1428-1434.
  23. Penjor, T., Yamamoto, M., Uehara, M., Ide, M., Matsumoto, N., Matsumoto, R., Nagano, Y. Phylogenetic relationships of *Citrus* and its relatives based on *matK* gene sequences. *PLoS ONE*. 2013; **8**(4):e62574.
  24. Liu, X., Tang, L., Wu, H., Xi, W., Yu, J., Zhou, Z. Development of *DArT* markers and evaluation of phylogenetic relationship of key *Citrus* species. *Genet. Resour. Crop Evol.*, 2015; 1307-1318.
  25. Bakkali, F., Averbeck, S., Averbeck, D., Idaomar, M. Biological effects of essential oils: A review. *Food Chem. Toxicol.*, 2008; **46**: 446-475.
  26. Teixeira, B.S., Marques, A., Ramos, C., Serrano, C., Matos, O., Neng, N.R., Nogueira, J.M., Saraiva, J.A., Nunes, M.L. Chemical composition and bioactivity of different oregano (*Origanum vulgare*) extracts and essential oil. *J Sci Food Agric.*, 2013; **93**(11):2707-2714.
  27. Buchbauer, G. The detailed analysis of essential oils leads to the understanding of their properties. *Perfumer & Flavorist.*, 2000; **25**: 64-67.
  28. Laohavechvanich, P., Muangnoi, C., Butryee, C., Kriengsinyos, W. Protective effect of makrut lime leaf (*Citrus hystrix*) in HepG2 cells: implications for oxidative stress. *Science Asia.*, 2009; **36**:112-117.
  29. Norkaew, O., Pitija, K., Pripdeevech, P., Sookwong, P., Wongpornchai, S. Supercritical fluid extraction and gas chromatographic-mass spectrometric analysis of terpenoids in fresh Kaffir lime leaf oil. *Chiang Mai J. Sci.*, 2013; **40**: 240-247.
  30. Jantan, I., Ahmad, A.S., Ahmad, A.R., Ali, N.A.M., Ayop, N. Chemical composition of some *Citrus* oils from Malaysia. *J. Essent. Oil Res.*, 1996; **8**: 627-632.
  31. Cheong, M.W., Loke, X.Q., Liu, S.Q., Pramudya, K., Curran, P., Yu, B. Characterization of volatile compounds and aroma profiles of Malaysian pomelo (*Citrus grandis* (L.) Osbeck) blossom and peel. *J. Essent. Oil Res.*, 2011; **23**: 34-44.
  32. Mohd-Yusoff, Z., Muhammad, Z., Kasuan, N., Rahiman, M.H.F., Taib, M.N. Effect of temperature on kaffir lime oil by using Hydro-diffusion steam distillation system. *Malays. J. Anal. Sci.*, 2013; **17**: 326-339.
  33. Muhammad, Z., Mohd Yusoff, Z., Nordin, M.N.N., Kasuan, N., Taib, M.N., Rahiman, M.H.F., Haiyee, Z.A. Steam distillation with induction heating system: Analysis of Kaffir Lime oil compound and production yield at various temperatures. *Malays. J. Anal. Sci.*, 2013; **17**:340-347.
  34. Kasuan, N., Muhammad, Z., Yusoff, Z., Rahiman, M.H.F., Taib, M.N., Haiyee, Z.A. Extraction of *Citrus hystrix* DC (Kaffir Lime) essential oil using automated steam distillation process: Analysis of volatile compounds. *Malays. J. Anal. Sci.*, 2013; **17**: 359-369.
  35. Waikedre, J., Dugay, A., Barrachina, I., Herrenknecht, C., Cabalion, P., Fournet, A. Chemical composition and antimicrobial activity of the essential oils from New Caledonian *Citrus macroptera* and *Citrus hystrix*. *Chem. Biodivers.*, 2010; **7**: 871-877.
  36. Nor, O.M. Volatile aroma compounds in *Citrus hystrix* oil. *J. Trop. Agric. Food Sci.*, 1999; **27**:225-229.
  37. Loh, F.S., Awang, R.M., Omar, D., Rahmani, M. Insecticidal properties of *Citrus hystrix* DC leaves essential oil against *Spodoptera litura*

- fabrius*. *J. Med. Plants Res.*, 2011; **5**: 3739–3744.
38. Hongratanaworakit, T., Buchbauer, G. Chemical composition and stimulating effect of *Citrus hystrix* oil on humans. *Flavour Fragr. J.*, 2007; **22**: 443–449.
  39. Vimol, S., Chanwit, T., Veena, N., Nuntavan, B., Kulkanya, C., Siwimol, P., Sirirat, C., Somporn, S. Antibacterial activity of essential oils from *Citrus hystrix* (makrut lime) against respiratory tract pathogens. *Science Asia.*, 2012; **38**: 212–217.
  40. Aumeeruddy-Elalfi, Z., Gurib-Fakim, A., Fawzi Mahomoodally, M. Chemical composition, antimicrobial and antibiotic potentiating activity of essential oils from 10 tropical medicinal plants from Mauritius. *J. Herbal Med.*, 2016; **6**: 88–95.
  41. Wungsintaweekul, J., Sitthithaworn, W., Putalun, W., Pfeifhoffer, H.W., Brantner, A. Antimicrobial, antioxidant activities and chemical composition of selected Thai spices; *Songklanakarín J. Sci. Technol.* 2010; **32 (6)**: 589–598.
  42. Raksakantong, P., Siriamornpun, S., Meeso, N. Effect of drying methods on volatile compounds, fatty acids and antioxidant property of Thai kaffir lime (*Citrus hystrix* D.C.). *Int. J. Food Sci. Technol.*, 2012; **47**: 603–612.
  43. Bravo, L. Polyphenols: Chemistry, dietary sources, metabolism, and nutritional significance. *Nutr. Rev.*, 1998; **56**: 317–333.
  44. Ambriz-Pérez, D.L., Leyva-López, N., Gutierrez-Grijalva, E.P., Heredia, J.B. Phenolic compounds: Natural alternative in inflammation treatment. A review. *Cogent Food & Agric.* 2016; **2(1)**: 1131412.  
<https://doi.org/10.1080/23311932.2015.1131412>
  45. Orak, H.H. Total antioxidant activities, phenolics, anthocyanins, polyphenoloxidase activities of selected red grape cultivars and their correlations. *Sci. Hort.*, 2007; **111(5)**: 235–241.
  46. Miean, K.H., Mohamed, S. Flavonoid (myricetin, quercetin, kaempferol, luteolin, and apigenin) content of edible tropical plants. *J. Agric. Food Chem.*, 2001; **49**: 3106–3112.
  47. Ali Asgar, Md. Anti-diabetic potential of phenolic compounds: A review. *Int. J. Food Prop.*, 2013; **16**: 91–103.
  48. Patel, S.S., Goyal R.K. Cardioprotective effects of gallic acid in diabetes-induced myocardial dysfunction in rats. *Pharmacognosy Res.*, 2011; **3(4)**: 239–245.
  49. Jung, U.J., Lee, M.K., Jeong, K.S., Choi, M.S. The hypoglycemic effects of hesperidin and naringin are partly mediated by hepatic glucose-regulating enzymes in C57BL/KsJ-db/db mice. *J Nutr.*, 2004; **134(10)**: 2499–2503.
  50. Aning, A., Wenny, I., Stefanus., Kevin, J., Chynthia, D.H., Adi, T.N. Optimization of phenolic compounds extraction from *Averrhoa bilimbi* and *Citrus hystrix* peel using statistical design of experiment. *J Eng Appl Sci.* 2016; **11(23)**: 13783–13789.
  51. Berhow, M., Tisserat, B., Kanés, K., Vandercook, C. Survey of phenolic compounds produced in *Citrus*. *U.S. Department of Agriculture; Agricultural Research Service, Technical Bulletin N° 1856*, 1998; pp 158.
  52. Chan, S.W., Lee, C.Y., Yap, C.F., Wan, A.W.M., Ho, C.W. Optimisation of extraction conditions for phenolic compounds from limau purut (*Citrus hystrix*) peels. *Int. Food Res. J.*, 2009; **16**: 203–213.
  53. Jamilah, B., Abdulkadir, G.M., Suhaila, M., Zaidul, Md.IS. Phenolics in *Citrus hystrix* leaves obtained using supercritical carbon dioxide extraction. *Int. Food Res. J.*, 2011; **18(3)**: 941–948.
  54. Murakami, A., Gao, G., Kim, O.K., Omura, M., Yano, M., Ito, C., Furukawa, H., Jiwajinda, S., Koshimizu, K., Ohigashi, H. Identification of coumarins from the fruit of *Citrus hystrix* DC as inhibitors of nitric oxide generation in mouse macrophage RAW 264.7 cells. *J. Agric. Food Chem.*, 1999; **47(1)**: 333–339.
  55. Pereira, D.M., Valentão, P., Pereira, J.A., Andrade, P.B. Phenolics: From Chemistry to Biology. *Molecules.*, 2009; **14 (6)**: 2202–2211.
  56. Murakami, A., Nakamura, Y., Koshimizu, K., Ohigashi, H. Glyceroglycolipids from *Citrus hystrix*, a traditional herb in Thailand, potently inhibit the tumor-promoting activity of 12-O-Tetradecanoylphorbol 13-Acetate in mouse skin. *J. Agric. Food Chem.*, 1995; **43 (10)**: 2779–2783.
  57. Panthong, K., Srisud, Y., Rukachaisirikul, V., Hutadilok-Towatana, N., Voravuthikunchai, S.P., Tewtrakul, S. Benzene, coumarin and quinolinone derivatives from roots of *Citrus hystrix*. *Phytochemistry.*, 2013; **88**: 79–84.
  58. Chanthaphon, S., Chanthachum, S., Hongpattarakere, T. Antimicrobial activities of essential oils and crude extracts from tropical *Citrus* spp. against food-related microorganisms. *Songklanakarín J. Sci. Technol.*, 2008; **30**: 125–131.
  59. Tuntipopipat, S., Muangnoi, C., Failla, M.L. Anti-inflammatory activities of extracts of Thai spices and herbs with lipopolysaccharide-activated RAW 264.7 murine macrophages. *J. Med. Food.*, 2009; **12(6)**: 1213–1220.

60. Abirami, A., Nagarani, G., Siddhuraju, P. In vitro antioxidant, anti-diabetic, cholinesterase and tyrosinase inhibitory potential of fresh juice from *Citrus hystrix* and *C. maxima* fruits, *Food Sci. Human Well.* 2014; **3**: 16-25.
61. Abirami, A., Nagarani, G., Siddhuraju, P. Hepatoprotective effect of leaf extracts from *Citrus hystrix* and *C. maxima* against paracetamol induced liver injury in rats. *Food Sci. Human Well.* 2015; **4**: 35-41.
62. Bayala, B., Bassole, I.H., Scifo, R., Gnoula, C., Morel, L., Lobaccaro, J.M.A., Simpore, J. Anticancer activity of essential oils and their chemical components - a review. *Am. J. Cancer Res.* 2014; **4**(6): 591-607.
63. Manosroi, J., Dhumtanom, P., Manosroi, A. Anti-proliferative activity of essential oil extracted from Thai medicinal plants on KB and P388 cell lines. *Cancer Lett.*, 2006; **235**(8): 114-120.
64. Chueahongthong, F., Ampasavate, C., Okonogi, S., Tima, S; Anuchapreeda, S. Cytotoxic effects of crude kaffir lime (*Citrus hystrix*, DC.) leaf fractional extracts on leukemic cell lines. *J. Med. Plant Res.*, 2011; **5**: 3097-3105.
65. Wijayanti, N., Tunjung, W.A.S., Setyawati, Y. Cytotoxicity and apoptosis induction by kaffir lime leaves extract (*Citrus hystrix* DC.) in HeLa cells culture (human cervical cancer cell line). *KnE Life Sciences, Int. Conf. on Biological Sciences.*, 2013; 631.
66. Tunjung, W.A.S., Cinatl, J., Michaelis, M., Smales C.M. Anti-Cancer effect of Kaffir Lime (*Citrus hystrix* DC) leaf extract in cervical cancer and neuroblastoma cell lines. *Procedia Chem.*, 2015; **14**: 465-468.
67. Singhal, A.K., Naithani, V., Bangar, O.P. Medicinal plants with a potential to treat Alzheimer and associated symptoms. *Int. J. Nutr. Pharmacol. Neurol. Dis.*, 2012; **2** (2): 84-91.
68. Youkwan, J., Sutthivaiyakit, S., Sutthivaiyakit, P. Citrusosides A-D and furanocoumarins with cholinesterase inhibitory activity from the fruit peels of *Citrus hystrix*. *J. Nat. Prod.*, 2010; **73**:1879-1883.
69. Chaiyana, W., Saeio, K., Hennink, W.E., Okonogi, S. Characterization of potent anticholinesterase plant oil based microemulsion. *Int. J. Pharm.*, 2010; **401**(30): 32-40.
70. Seeka, C., Sutthivaiyakit, P., Youkwan, J., Hertkorn, N., Harir, M., Schmitt-Kopplin, P., Sutthivaiyakit, S. Prenylfuranocoumarin-HMGA-flavonol glucoside conjugates and other constituents of the fruit peels of *Citrus hystrix* and their anticholinesterase activity. *Phytochemistry.*, 2016; **127**: 38-49.
71. Mya, M.M., Aye, Y.Y., Oo, A.W., Saxena, R.K. Effect of *Citrus hystrix* DC leaves ethanol extract on larvae of *Aedes aegypti*. *J. Biol. Eng. Res. and Review.*, 2015; **2**(2): 01-06.
72. Jansen, C.C., Beebe, N.W. The dengue vector *Aedes aegypti*: what comes next. *Microbes Infect.*, 2010; **12**: 272-279.
73. Ansori, A.N.M., Supriyadi, A.P., Kartjito, M.V., Rizqi, F., Adrianto, H., Hamidah. Biolarvicidal effectivities of polar and non-polar extract fraction from Kaffir Lime (*Citrus hystrix*) leaf against 3<sup>rd</sup> instar larvae of *Aedes aegypti*. *J. Biol. Eng. Res. and Review.*, 2015; **2**(2): 14-17.
74. Nararak, J., Sathantriphop, S., Kongmee, M., Bangs, M.J., Chareonviriyaphap, T. Excitorepellency of *Citrus hystrix* DC leaf and peel essential oils against *Aedes aegypti* and *Anopheles minimus* (Diptera: *Culicidae*), vectors of human pathogens. *J. Med. Entomol.*, 2016; **54**(1):178-186.
75. Piyachaturawat, P., Glinsukon, T., Chanjarunee, A. Antifertility effect of *Citrus hystrix* DC. *J. Ethnopharmacol.*, 1985; **13**: 105-110.
76. Chang, T.S. An updated review of tyrosinase inhibitors. *Int. J. Mol. Sci.*, 2009; **10**(6): 2440-2475.
77. Aumeeruddy-Elalfi, Z., Gurib-Fakim, A., Mahomoodally, M.F. Kinetic studies of tyrosinase inhibitory activity of 19 essential oils extracted from endemic and exotic medicinal plants. *South African J. Bot.*, 2016; **103**: 89-94.
78. Putri, H., Nagadi, S., Larasati, Y.A., Wulandari, N., Hermawan, A. Cardioprotective and hepatoprotective effects of *Citrus hystrix* peels extract on rats model. *Asian Pac. J. Trop. Biomed.*, 2013; **3**:371-375.
79. Tisserand, R., Young, R. *Essential oil safety: a guide for health care professionals*. (Second Edition), Elsevier Health Sciences, Churchill Livingstone, St. Louis., 2014; pp. 784.