

## Studying the Prevalence of Mitochondrial tRNA<sup>leu</sup> Gene Mutation in Iraqi Population

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<http://dx.doi.org/10.13005/bbra/2553>

(Received: 04 August 2017; accepted: 16 August 2017)

This study conducted to determine the incidence of point mutation A3243G RNALeu (UUR) in diabetes patients within the Iraqi population and compare it with that reported in other populations. Peripheral blood were collected from 100 patients attended university of Al-Mustansiriyah / national centre for the treatment of diabetes and research. The age, gender, family history, hypertension, retinopathy, nephropathy and smoking in addition to the body mass index, are the information collected from The patients. The DNA was extracted and by PCR-RFLP method and PCR-sequencing methods, the tRNALeu (UUR) gene screened for A3243G. Revealed that none of the 100 patients were found to carry the A3243G mutation in the mitochondrial tRNALeu (UUR) gene in the homoplasmic or in the heteroplasmic form. Conclusions: Depending on the obtained results, it can be concluded that the A3243G mutation in mitochondrial tRNALeu (UUR) is not a frequent cause of diabetes in the Iraqi population contrary to other reported populations. And further screening of an enlarged group is necessary to fully determine the prevalence of this mutation in this population.

**Keywords:** Diabetes, Mitochondrial DNA, tRNALeu(UUR) gene, PCR- RFLP analysis.

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Diabetes is a collection of diseases characterized by the presence of chronic hyperglycaemia. Maintenance of normal glucose homeostasis involves the action of a glucose sensor in the pancreatic B-cell that detects an increase in blood glucose concentration and converts that into increased secretion of insulin. Increased circulating insulin concentrations suppress hepatic glucose output and stimulate glucose uptake by muscle and adipose tissue<sup>1</sup>. It has been reported that some form of diabetes mellitus could be caused by mitochondrial gene abnormalities; a large deletion<sup>2</sup>

and transition at position 3243 in the mitochondrial tRNALeu (UUR) gene of an adenine (A) to guanine (G)<sup>3</sup>. The mitochondria is an indispensable organelle for oxidative phosphorylation. Thus, it is inferred that impaired oxidative insulin secretion, thereby inducing diabetes mellitus. However, it is not clear whether decreased insulin sensitivity due to a mutant mtDNA in the muscle is involved<sup>4,5</sup>.

Mutations in mitochondrial DNA (mtDNA) is the Genetic factors that play an important role in the onset of type II Diabetes Mellitus, because oxidative phosphorylation in mitochondria plays an important role in insulin secretion by  $\beta$ -cells of the pancreas as a response to glucose and other nutrients in the body<sup>6</sup>. Maternal Inherited Diabetes and Deafness (MIDD) is a form

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of diabetes results from mutations in the MtDNA gene. This form of diabetes can be diagnosed above 25 years in the form of impaired insulin secretion and is often followed by a weakening of the sense of sight and or hearing. MIDD has a very specific pattern of inheritance, through the maternal lineage without the presence of recombination of paternal line. This is because only eggs carry mtDNA when fused with sperm cells<sup>7</sup>. An A to G substitution (guanine for adenine) at base pair 3243 in mitochondrial tRNA gene (mt3243) is commonly associated with maternally inherited diabetes and deafness, and other diseases. It is possible that cell free mitochondrial DNA exists in serum and plasma from these patients, and those samples might be a source of material for the detection of such mutations<sup>8,9</sup>. Because all of that mentioned above and because of the limited study in Iraq so, This study aimed to determine the incidence of point mutation A3243G RNA<sub>Leu</sub> (UUR) in diabetes patients within the Iraqi population and compare it with that reported in other populations.

## MATERIALS AND METHODS

### Sample Collection

Peripheral blood were collected from patients attended university of Al-Mustansiriyah/national centre for the treatment of diabetes and research. All patients and control subjects were from all the provinces of Iraq. Patients are classified according to the following criteria (defined by the National Diabetes Data Group): age, gender, family history, hypertension, retinopathy, nephropathy and smoking in addition to the body mass index

### DNA Extraction

Peripheral blood (5 mL) was collected in EDTA tubes. Nucleic acids were extracted from white blood cells by using Wizard Genomic DNA Purification Kit (Promega, USA) according to the manufacturer's instructions. DNA quantity and quality were assessed by Nano Drop spectrophotometer and gel electrophoresis, and stored at -20 °C for further test.

### Polymerase Chain Reaction

Polymerase chain reaction (PCR) in an Applied Biosystems thermal cycler was performed for Genotyping the A3242G mutations, in a 25 uL reaction volume containing 0.5 uL of each primer (Canada) (Forward Primer was

5'-CGTTTGTTCACGATTAAAG-3' and Reverse Primer was 5' AGCGAAGGGTTGTACTAGCC-3' ), and 12.5 ul of go tag green master mix (Promega, USA), and 3 uL of DNA sample. A three-step PCR for A3242G was performed as described by<sup>10</sup>. In which the first step include initial denaturation at 94°C for 5 minutes, followed by 30 cycle of 94°C for 1 minutes, 57°C for 1 minutes and 72°C for 1 minutes, with final extension at 72°C for 1 minute, The amplified products were analysed by electrophoresis on 2 % agarose gel electrophoresis. Bands were analysed and imaged by a gel documentation system.

### RFLP Analysis

In order to identify the A-to-G mutation at nucleotide position 3243 in the tRNA<sub>Leu</sub> (UUR) gene, The Fragment of PCR product with a molecular weight 422-bp in size was digested by the restriction enzyme *Apa*II (Promega, USA), the digestion reaction contained 0.5ul *Apa*II restriction enzyme, 0.5ul Bovine serum albumin, 2ul of 10X buffer, 7 ul nuclease free water and 10ul of PCR product. Followed by incubation at 37 °C for 3 hour and electrophoreses on 3% agarose gel stained with red safe.

### DNA Sequencing

To confirm the results of PCR-RFLP analysis, sequencing was performed on an 3130xl -automated DNA sequencer using Big Dye terminator kit (Applied Biosystems 3130xl DNA Analyzer). The amplified fragment of PCR products was directly sequenced after purification by Intron Biotechnology (MEGAquick-spin Total fragment DNA purification Kit), The primers used to gain the tRNA<sub>Leu</sub> (UUR) gene sequence were the same as used for the PCR amplification. The final volume of Sequencing reaction was 20 ul. Included 8 ul of Big dye terminator, 1 ul primer, 4 ul PCR product, 7 ul D.W. and the Cycling conditions was as follow : (initial denaturation at 96 °C for 1 minutes, followed by 25 cycle of 96 °C for 10 sec, 55°C for 5 sec, 60°C for 4 minutes. Sequence data analysis was performed using sequencing analysis v5.4 software. The sequencing results was analyzed using Basic Local Alignment Search independently on Ref-sequence of mitochondrial tRNA gene.

### Statistical Analysis

The Statistical Analysis System- SAS (2012) was used to compare the effect of different factor in the study parameters (percentage). Chi-

square test was used to compare the difference between patients and apparently healthy groups as related with genotype frequency. Odd ratio were used for determine the risk of disease.

## RESULT AND DISCUSSION

### Sample Collection

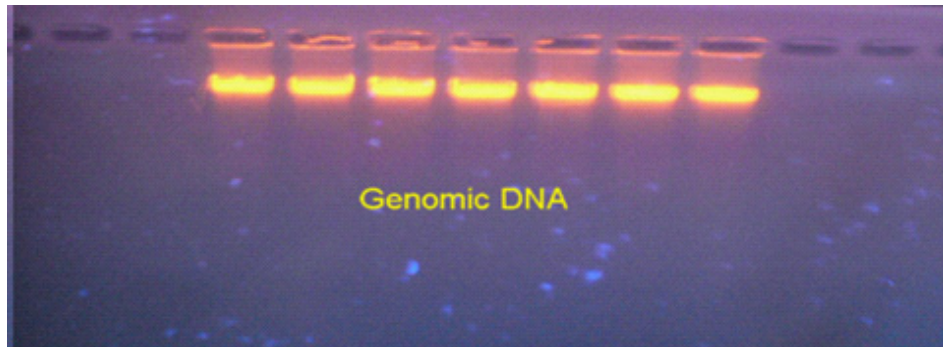
One hundred blood samples were collected diabetic and fifty from apparently healthy subjects (control). The characteristics of the patients and the control groups are summarized in (table 1). According to the age it has been shown that, The number of those with less than 40 years old in the control group was significantly ( $p \hat{=} 0.05$ ) higher than in patients group (18% versus 8%, respectively) and There was no significant difference between control group and patients

group as related with the number within the age group 40-60 years old, while, the number of those with more than 60 years old in patients group was significantly ( $p \hat{=} 0.05$ ) higher than in the control group (30 % versus 18%, respectively). According to BMI 18.5 -25) there was significant difference between control group and patients group (18% versus 8%,  $p \hat{=} 0.05$ ), while there was no significant difference between control group and T2DM group as related with BMI (25.1 - 30). In contrast BMI 30 was in patients group significantly ( $p \hat{=} 0.05$ ) higher than in control group (46 % versus 38%, respectively). WHO regards underweight refer to a BMI of less than 18.5 and may indicate malnutrition while overweight refer to a BMI greater than 25 and above 30 is considered obese depending on low BMI=Mass (kg)/ Height (m)<sup>2</sup> (WHO, 2014).the simple method to assess how

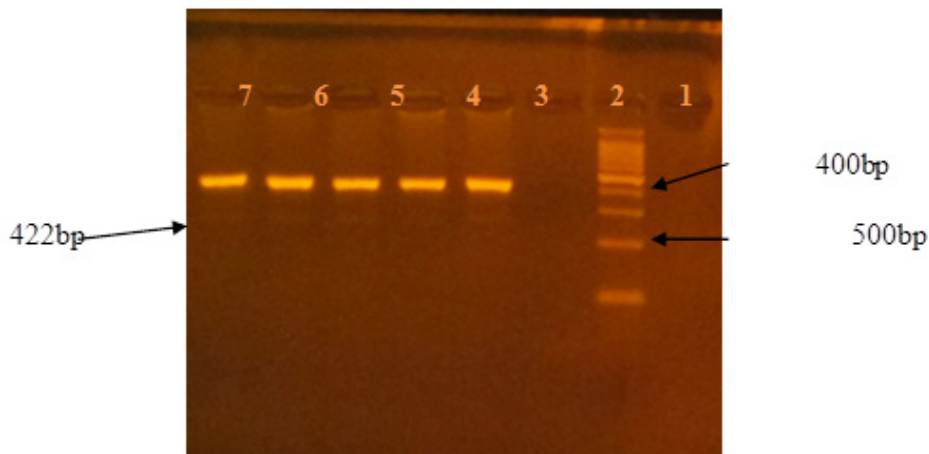
**Table 1.** Distribution of Apparently Healthy Subjects and type 2 Diabetes Mellitus Patients According to Some Parameters.

Parameters	Control <sup>1</sup> n (%)	T2DM <sup>2</sup> n (%)	p-value
Age (year)			
<40	9 (18%)	8 (8%)	0.0355 * <sup>3</sup>
40-60	32 (64%)	62 (62%)	0.472 NS <sup>4</sup>
>60	9 (18%)	30 (30%)	0.0391 *
Body mass index (BMI)			
18.5 - 25	9 (18%)	8 (8%)	0.0355 *
25.1 - 30	22 (44%)	46 (46%)	0.472 NS
≥ 30	19 (38%)	46 (46%)	0.052 *
Sex			
Male	31 (62%)	50 (50%)	0.0391 *
Female	19 (38%)	50 (50%)	0.0391 *
Family history			
Yes	12 (24%)	52 (52%)	0.0041 ** <sup>5</sup>
No	38 (76%)	48 (48%)	0.0125 **
Smoking			
Yes	8 (16%)	10 (10%)	0.274 NS
No	42 (84%)	90 (90%)	0.274 NS
Hypertension			
Yes	10 (20%)	56 (56%)	0.0015 **
No	40 (80%)	44 (44%)	0.0001 **
Retinopathy			
Yes	3 (6%)	42 (42%)	0.0001 **
No	47 (94%)	58 (58%)	0.0001 **
Nephropathy			
Yes	1 (2%)	14 (14%)	0.0355 *
No	49 (98%)	86 (86%)	0.0355 *

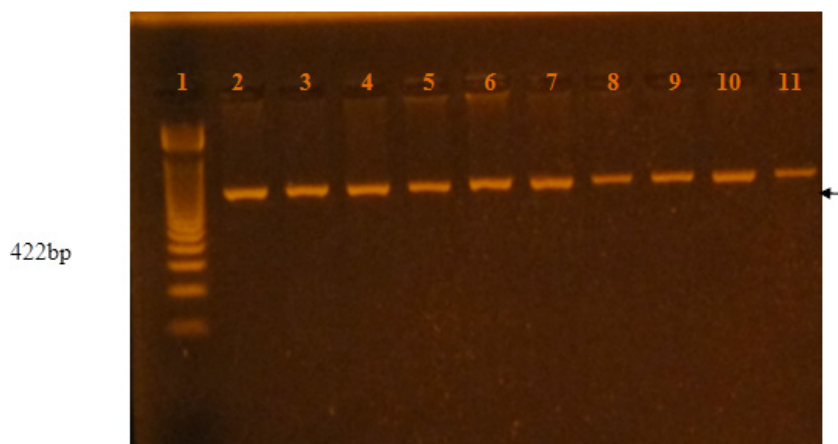
<sup>1</sup> apparently healthy subject; <sup>2</sup> type 2 diabetes mellitus, <sup>3</sup>  $p \hat{=} 0.05$ ; <sup>4</sup> no significant; <sup>5</sup>  $p \hat{=} 0.01$ .



**Fig. 1.** Gel electrophoresis of genomic DNA extracted from blood samples. 1% agarose gel at 5 volt /cm for 30 minutes, then visualized under UV after staining with ethidium bromide



**Fig. 2.** Gel electrophoresis of PCR product using mitochondrial DNA extracted from diabetic patients and healthy person , Electrophoresis was performed on (2%) agarose gel and run with 100 volt for 60-90 minutes. the lanes: 1: hyperladder IV DNA marker (100bp). 2:negative control. 3,4,5: DNA from diabetics patients 6,7: DNA from control



**Fig. 3.** Screening of the A3243G mutation by PCR-RFLP. PCR fragment of 422 bp was digested with *Apa* I. The wild type PCR product does not contain the *Apa*I restriction site but PCR product with A3243G is expected to cleave into two fragments of 210 and 212 bp. Hence, Lanes 2 to 11 is a representation of restriction assay in patient's samples that resulted in an uncut fragment of 422 bp while Lane 1 is the 100 bp DNA ladder (molecular marker)

much an individual's body weight departs from what is normal or desirable is the BMI which used in a wide variety of contexts. The present analysis of BMI showed a highest ratio in the control group was overweight (BMI, 25.1 to 30) while in T2DM group was 46% overweight (BMI, 25.1 to 30) and 46% obese (BMI, more than 30). The number of males was significantly ( $p < 0.05$ ) higher in the control group than in T2DM group (62% versus 50%, respectively). On the contrary, the number of females was significantly ( $p < 0.05$ ) higher in T2DM group than in the control group (50% versus 38%, respectively). The percentage of family history in the control group was significantly ( $p < 0.01$ ) lower than in T2DM group (24% versus 52%, respectively). There was no significant difference between the control group and T2DM group as related with smoking status. As related with hypertension, the percentage in the control group was significantly ( $p < 0.01$ ) lower than in T2DM group (20% versus 56%, respectively). Also, as related with retinopathy, the percentage in the control group was significantly ( $p < 0.01$ ) lower than in T2DM group (6% versus 42%, respectively). As related with nephropathy, the percentage was significantly ( $p < 0.05$ ) lower in control group than in T2DM group (2 versus 14%, respectively).

#### **DNA Extraction**

By using Wizard Genomic DNA Kit (Promega, USA), the DNA was extracted from the fresh blood samples obtained from the patients and control subjects to obtain a pure DNA for PCR amplification. The results showed that fresh blood samples yielded enough DNA concentration for PCR amplification (Fig 1), which was ranged between 50-100 ng / ul with an purity range between 1.8 - 1.9. Blood cells are targeted as sample in this study due to the sufficient number of mitochondria organelles in blood cells compared to many other cells, such as muscle cells, sperm tail cells, and hair root cells.

Moreover, it is relatively easy for blood sampling and has been used as a sample of previous research that has been done by<sup>6,7,10,11,12</sup> to analyze the mtDNA A3243G mutation associated with diabetes mellitus in Indonesia, Poland, Indian, Japan, and Korea respectively.

#### **Polymerase Chain Reaction and RFLP Analysis**

After DNA was extracted from T2DM

patients and control subject, it has been amplified by PCR in order to obtain tRNA<sup>Leu</sup> gene in vitro using the primer pair with the nucleotide sequence based on the previous study<sup>10</sup>. Forward Primer was covering position 3035-3054 and Reverse Primer was covering position 3437-3456. As a result of the amplication, a single band with a molecular weight 422 bp in size, as shown in ( Fig 2). It can be seen from the appearance of the band in the figure that lies parallel between the 400 bp and 500 bp. DNA from control produces a band that is located at similar position with the patients sample, while the negative control did not generate bands on gel electrophoresis indicating the absence of contaminants in the PCR process has been done.

The presence of A3243G mutation in diabetic patient or not was indicated by Fragmentation of mtDNA 422 bp of tRNA<sup>Leu</sup> gene by ApaI restriction enzyme into two fragments 210 bp, and 212 bp as mentioned by<sup>10,13</sup>. This happens because the A3243G mutation causes the formation of 6 nucleotides recognition site recognized by ApaI restriction enzyme at sequence, namely GGGCCC. While for normal subjects, GAGCCC sequence is present, where concludes that there are no cut by the ApaI restriction enzymes, because it is not the specific recognition ApaI. The ApaI cuts, results in blunt ends to form, explains the cut right in the middle at the recognition site on the double-stranded 6 nucleotide sequence. The present of 422 bp whole band in PCR-RFLP sample results by ApaI restriction enzyme indicates that these mutations are heteroplasmy (a mixture of mutated mtDNA and normal mtDNA in the cell). (Fig3) reveals the results obtained after treatment of the PCR product with the restriction enzyme (ApaI), the bands do not cut by the enzyme, which refer to the incidence of diabetes is not correlated to the mitochondrial A3243G tRNA<sup>Leu</sup> gene mutation. The restriction enzyme ApaI have been used by other study to detect mtDNA A3243G mutation in DM such as<sup>14</sup> which studied the Incidence and prevalence of T2DM in the Egyptian populations, and detect the presence of (mt A3243G) in the serum of DM patients, and those with family history of diabetes mellitus. after polymerase chain reaction (PCR) analysis was done. The serum samples were subjected to ApaI digestion to detect any mutation. Results revealed that the presence of mt3243 allowed the 294bp product

to be cleaved into 180 and 114 bp fragments and mt A3243G was detected in the serum samples of seven patients out of ten With diabetes who had positive family history of diabetes (DM). While, interestingly those with type 2 DM without family history showed positive mutation in six out of the ten patients. In the third group three out of the ten participants, showed to have a positive mutation. While none of the serum samples from healthy subjects revealed such mutations; these finding were of statistical significance ( $p < 0.05$ ). Therefore, they Concluded that mtDNA and associated mutations are present and detectable in the serum of patients. While in the study of Chandra and *et al*<sup>6</sup> they find out the potential of mitochondrial DNA mutation at A3243G in Indonesian type 2 diabetic Patient by use PCR-RFLP analysis. PCR products were fragment of 294 base pair (bp) and characterized by restriction enzyme *ApaI*. The results of their study was Heteroplasmic A3243G mutation identified in 2 Subject (0,02%) which shown by 3 electrophoretic bands, 2 restriction products of *APAI*, i.e a 182 bp fragment and a 112 bp fragment; also a full fragment 294 bp, approved that PCR-RFLP technique can be used to identify heteroplasmic A3243G mutation in a mtDNA tRNA<sup>Leu</sup> gene .Dorraj *et al*<sup>15</sup> mentioned that the A3243G tRNA<sup>Leu</sup> mutation was not detected in Iranian patients with type 2 diabetes after Digestion with *ApaI* lee *et al.*, 1997<sup>12</sup> studied (tRNA)<sup>Leu</sup> (UUR) 3243 and tRNA Lys 8344 Mutations in Diabetes patients from Korea . after digestion the PCR product with endonucleases *ApaI* and if there mtDNA mutation at the 3243 position the fragment cleaved in to two fragments, Also in the study of (16) and (13) they use the *ApaI* to detect the A3243G tRNA<sup>Leu</sup> gene mutation in Nigereia and Pakistani population respectively.

#### **The A3243G tRNA<sup>Leu</sup> Sequence Analysis**

Sequencing the PCR product (422bp) was done to proof the results of PCR-RFLP analysis, in which DNA of patients and control subject were screened for mutation by comparing their sequences with the annotated human mitochondrial genome database in order to identify the A3243G mutation. The identified results indicated that there is no correlation between the incidence of diabetes and A3243G tRNA<sup>Leu</sup>(UUR) gene m utation in Iraqi patients. It is may be the reasons which led to non detection of the mutation belong to the blood

sample which is used as the source of the mtDNA. different samples like blood, hair follicles, buccal epithelial cells and muscle biopsy have been used to determine the presence of A3243G mutation by other study such as<sup>17, 18</sup> and they shown that the proportions of A3243G mutant in diabetic subjects were noted to be the highest in muscle tissue followed by hair follicles and lowest in blood cells. Interestingly, the proportions of this mutation in all the tissues were found to decline with increase in age<sup>18</sup>.

It is also noted that the obtained results were unlike that from other Clinical studies of mtDNA point mutation A3243G in DM patients that conducted in various countries. In which mutations are found with different presentations, such as in Taiwan it is found in 0.15% of the entire population of patients with Diabetes Mellitus (19), whereas in Poland, number of patients with A3243G mutations are not known for sure<sup>7</sup>. Point mutations in the mtDNA A3243G is also found in Japan 2.9% [10], in England 0.75%<sup>20</sup> and in Croatia 10%<sup>21</sup>. While in Korea 22.3% patient with mitochondrial disease had point mutation on the A3243G mtDNA<sup>22</sup>. In Spain it has been found in 18% of children patients had three heteroplasmy mutations including A3243G<sup>23</sup>. While the A3243G mutation frequency was 2.22% in the investigated patients of hungary<sup>24</sup>, in Indian 7.8% (11) and in Indonesian patients it was identified in 2 Subject (0,02%)<sup>6</sup>. This mutation not only affects the synthesis of tRNA<sup>Leu</sup> but also interfere with the binding mechanism of transcription termination factor that may lead to disruption of the synthesis of mitochondrial proteins<sup>25</sup>. According to the study done by<sup>26,15,13,16</sup> were unable to detect the A3243G mutation in diabetic patients, in Iranian, Pakistani and in the Nigerian population respectively, in which they closely related to the results obtained in this study And unlike the result obtained in the study of<sup>27</sup> who revealed that both the mother and fetus carried the MELAS-specific A3243G mutation in pregnant Taiwanese women. Also in they study, mentioned that the mtDNA level of the amniotic fluid did not significantly differ from that of the postnatal peripheral blood and hair follicles. And concluded that MELAS syndrome may help in identifying mitochondrial mutations during pregnancy.

## CONCLUSIONS

It has demonstrated from the results that has been obtained, that there is no correlation between the mitochondrial DNA mutation and the incidence of diabetes in Iraqi patients in comparison with other reported investigation. And further study are required with enlarge number of subjected patient for screening, and with different type of sample like hair, tissue and muscle to be ensure that This mutation is not significance in diabetes mellitus pathogenesis in Iraqi populations.

## ACKNOWLEDGEMENTS

Authors would like to thank the university of Al-Mustansiriyah/ national centre for the treatment of diabetes and research, also, Al-Nahrain University, Forensic DNA centre for research and training for the financial support to this study.

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