

# Formulation of Drug-polyelectrolyte Complex for Enhancement of Solubility of Hydrochlorothiazide

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The objective of this work is to formulate Nanoplex formulation which enhances the drug solubility and also to enhance the dissolution rate of the formulation which were prepared. Complex nanoplex is formed when positively or negatively charged molecules of the drug react with oppositely charged polyelectrolyte. In this study, we use hydrochlorothiazide as a study drug and dextran sulphate as anionic polyelectrolyte. During the procedure crystalline nanoplex is formed due to electrostatic interactions between API and polyelectrolyte. The nanoplex shaped by this method upgrades dissolvability and disintegration rate of inadequately water solvent medication. It was assessed for complexation effectiveness, % yield, molecule size, zeta potential, SEM, TEM, XRD, soaked solvency study and so forth. This gives particles having molecule size in the scope of 100-200nm. Amongst different ratio, 1:1 showed highest Complexation efficiency as 96.3%, % yield and drug loading as 82 % and 77.69 % respectively. Solubility and stability of hydrochlorothiazide, poorly water-soluble molecule can be increased with formulation of hydrochlorothiazide nanoplex.

**Keywords:** Dextran; Hydrochlorothiazid; Nanoplex; Polyelectrolyte; Solubility Enhancement.

The Drug delivery via oral route is a very common and most utilized method of drug delivery due to easy and convenient intake of formulation. Orally controlled medications are totally assimilated just when they demonstrate reasonable solvency in gastric medium and such medications indicates great bioavailability. Nanoscience and nanotechnology deals with the extremely small things which can be used in biology, physics, chemistry, material science, and engineering. In particular, nanotechnology accompanied at the nanoscale i.e., about 1 to 100

nanometers and with the process which occurs at the molecular level. Red blood corpuscles (RBC), DNA, viruses, and water molecules are some of the structures with nano-dimensions. Nanotechnology is an emerging technology which comprises of multidisciplinary approach to basic and applied scientific principles. Nanotechnology has an influential effect on numerous fields of medicines such as immunology, endocrinology, oncology, ophthalmology, cardiology, and pneumology.

Lot of current research in API formulation has focused on improvement of water solubility in

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various poorly water soluble drugs<sup>1,2,3</sup>. The solubility of a medication decides the dissolution behavior of an Active pharmaceutical ingredient (API) in the definition and also remedial adequacy of the medication. The solubility constrained assimilation (characteristic dissolvability controlled), the plan methodology is usually Used to upgrade the solvency of the API and this methodology additionally incorporates the utilization of surfactants in the definition (strong scatterings), non-crystalline materials, and distinctive salt types of API, however current studies demonstrate, improved water solubility and dissolution rate with nanoplex formulation.<sup>[4]</sup>

Amphoteric drug molecules are broken up to ionized components in a media where drug pKa is nearer to medium pH. Ionized fraction is largely water insoluble, a nanoplex formulation allows ionized fraction of the drug to combine with oppositely charged polyelectrolyte to render the molecules unionized thus increases the water solubility. Electrostatic interactions between the API molecule and polyelectrolyte molecule prevents precipitation of the drug thus forming individual polyelectrolyte-nanoparticle complex. In the present study improvement of solubility of hydrochlorothiazide, BCS class IV drug was attempted with the novel nanoplex formulation methodology as delineated in fig. 1<sup>5</sup>.

The drug molecules are combination of rapid precipitation and long-lasting electrostatic interactions between the drug and the polyelectrolyte. An amorphous drug-polyelectrolyte nanoparticle complex is formed as a result.

Intermolecular revulsions between like-charged PE chains inhibit three-dimensional interactions in the absence of salt. The same can be said for the drug, with charged drug molecules repelling each other in the absence of salt, preventing a compact assembly of drug molecules. The drug's higher solubility in a lower ionic strength solution contributes to the lack of inter-drug hydrophobic interactions (Singh, Caram-Lelham, 1998). However, the salt's charge-shielding effect must not be too strong, or it will  
(i) Inhibit the electrostatic interactions between the drug molecules and the PE involved in complex formation, or  
(ii) Neutralize the charge interactions between the

drug and the PE in the already formed complex, resulting in decomplexation.

#### **Rationale of nanoplex Formulation given below**

1. Nanoplex preparation method is simple.
2. In this, only mixing of drug and polyelectrolyte is required.
3. There is no need to use heavy solvents.
4. It is a fast process.
5. The energy required for the formulation of nanoplex is minimum than the other NPs.
6. Also, for nanoplex formulation, there is no need to use a sophisticated instrument.

Aim of this research is to increase the solubilizing property of hydrochlorothiazide by novel approach as nanoplex.

## **MATERIAL AND METHODS**

### **Materials**

Glenmark Pharmaceutical, Nashik, provided a free sample of the drug (hydrochlorothiazide) (fig.4). Himedia Laboratories Ltd, Mumbai, supplied the Pluronic F 68, dextran sulphate. Modern Science Pvt. Ltd., Nashik, also supplied glacial acetic acid and sodium chloride.

### **Preparation of Nanoplex<sup>4,5,6,7,8</sup>**

Drug suspended in sodium chloride and glacial acetic acid was mixed with equivalent weight by volume of dextran solution (10mg/ml) to avoid precipitation. The resultant solution was treated with pluronic F68 a surfactant molecule. Thus, obtaining a stabilize suspension of nanoplex. It was ensured that no white precipitate formed in the mixture. The suspension was allowed to form nanoplex complexes over 3 hours. The suspension there after was washed with pluronic F68 to remove excess of drug molecule. The resulting suspension was freeze dried to obtain dry powder.

### **Physical characterization of Hydrochlorothiazide nanoplex suspension**

Complexation Efficiency was analyzed. It is the proportion of drug molecule forming the nanoplex complex with respect to initial amount of drug molecule and was calculated by measuring optical density of supernatant liquid after first centrifugation of nanoplex suspension. Production yield was as well analyzed. It is ratio of weight of nanoplex formulation formed after freeze drying to initially addtotal amount of drug and polyelectrolyte.

$$\% \text{ production yield} = \frac{\text{wt. of Nanoplex}}{\text{drug} + \text{polyelectrolyte}} * 100$$

Drug loading can be calculated as the effective amount of drug molecule present in nanoplex powder and is derived by absorbance of solution of 5mg nanoplex powder in 20 mg ethanol after centrifugation and filtration.

#### Physical Characterization of Nanoplex Powder

The FT-IR spectrum of drug and polymer were recorded by FTIR spectrophotometer (Jasco FT-IR -460 plus). Weighed samples of drug and polymers were placed in FTIR spectrophotometer and scanned in between wave number 500-4000  $\text{cm}^{-1}$ . Photon correlation spectroscopy was used to analyse the particle size of nanoparticle powder on a particle size analyzer (DelsaNanoC, Particle analyzer) with water as the dispersion medium and quartz cuvettes as the sample holders. The particle size was determined by scanning the sample 100 times. Photon zettaliter was used to calculate the zeta potential of formulation ingredients and formulation (Nanophox). Before analysis, the samples were diluted ten times with solvent. As a sample holder, a fiber cuvette was used. DSC was carried out using a DSC instrument. (Mettler —

Toledo, India, DSC 30S) 2 mg sample was placed in shallow aluminium sample holder and heated at the rate of  $10^{\circ}\text{C}/\text{mm}$  over temp range  $40^{\circ}\text{C} - 300^{\circ}\text{C}$ . Powder X-ray diffraction patterns were determined for samples using a Powder X-ray diffractometer (Bruker, D- 08 Advance, Germany) at a scan rate of  $10 \text{ min}^{-1}$ . The value of 2 ranges from 10 to 80. This provides information about the nature of the sample. The sample's surface morphology was investigated (Hitachi S-4800 Type II)

#### Saturation solubility study

Excess drug was added to nanoplex suspension with phosphate buffer of pH 6.8 in 5ml glass vial. The vial were subjected to undergo centrifugation after the equilibrium was achieved. The resulting supernatant liquid was removed by filtration. Remaining solution was analyzed for saturation solubility study using spectrophotometry study.

#### Dissolution rate study

The study drug solution and nanoplex suspension was analyzed for dissolution rate study using dialysis bag method. At pH 6.8 rpm and 37% temperature with 15 of sampling interval. The dissolution was estimated with UV Spectroscopy.

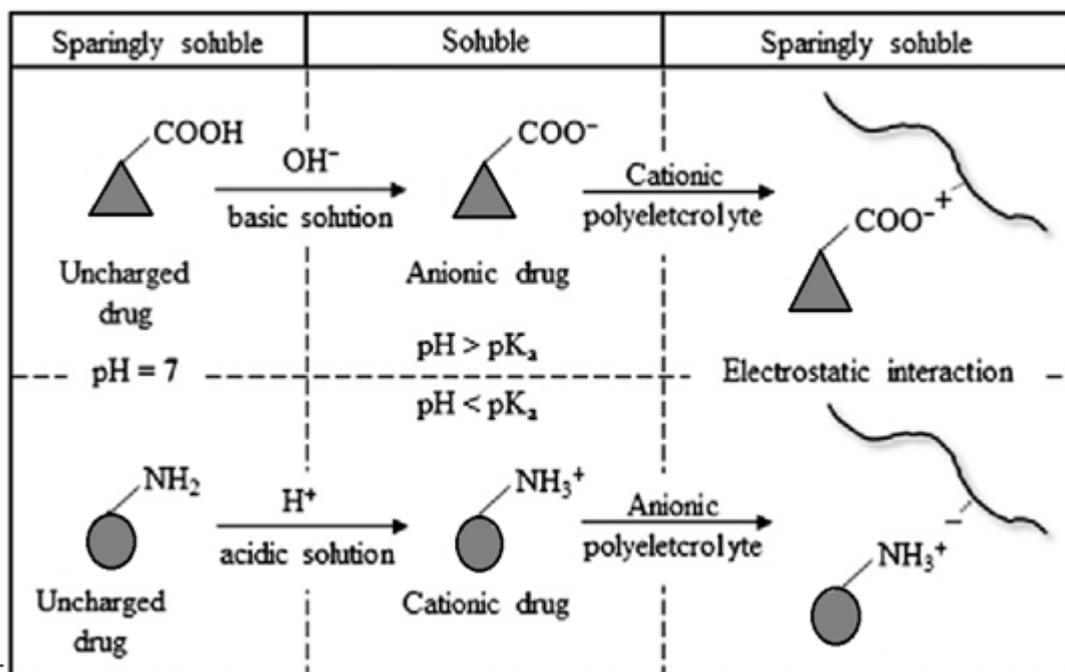


Fig. 1. Preparation of amorphous drug Nanoplex

### Stability testing

For one month, 50 mg of nanoplex powder was placed in an environmental test chamber at 75% RH and 25°C temperature and tested for drug content.

## RESULT AND DISCUSSION

### Complexation Efficiency, % Yield and Drug Loading

Hydrochlorothiazide nanoplexes with drug: polyelectrolyte ratios of 1:1 were found to

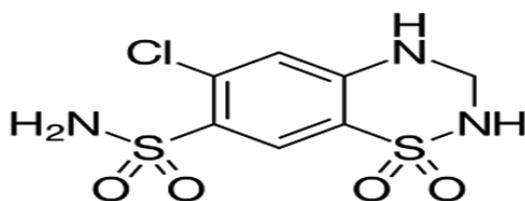


Fig. 2. Structure of hydrochlorothiazide

be higher than those with drug: polyelectrolyte ratios of 1:0.5 and 1:1.5, as shown in table 1. The ratio 1:1 demonstrated the highest Complexation efficiency, yield, and drug loading, with values of 96.3%, 82%, and 77.69%, respectively. As a result, when the drug and polyelectrolyte are at the same concentration, we can confidently state that nanoplex produces good results in terms of complexation efficiency, percentage yield, and drug loading.

### FT-IR of Nanoplex

Figures 3 and 4 show the FT-IR spectrums of HCTZ pure drug and Dextran sulphate, respectively. The FT-IR of nanoplex shows peaks of both HCTZ and dextran sulphate, indicating that it contains both HCTZ and dextran sulphate. Figure 5 represents FT-IR spectra of formulated Nanoplex. FT-IR spectra of nanoplex shows presence of main peaks of both HCTZ and dextran sulfate at 778.31  $\text{cm}^{-1}$  of C-Cl stretching, 1600.99  $\text{cm}^{-1}$  of C=C aromatic stretching, 3362.07  $\text{cm}^{-1}$  of NH<sub>2</sub> stretching

Table 1. Drug: polyelectrolyte optimization of nanoplex

No.	D:P ratio	CE (%)	% Yield	Drug loading (%)
1.	1:0.5	86.7	78.29	51.36
2.	1:1	96.3	82	77.69
3.	1:1.5	91.2	44.54	41.08

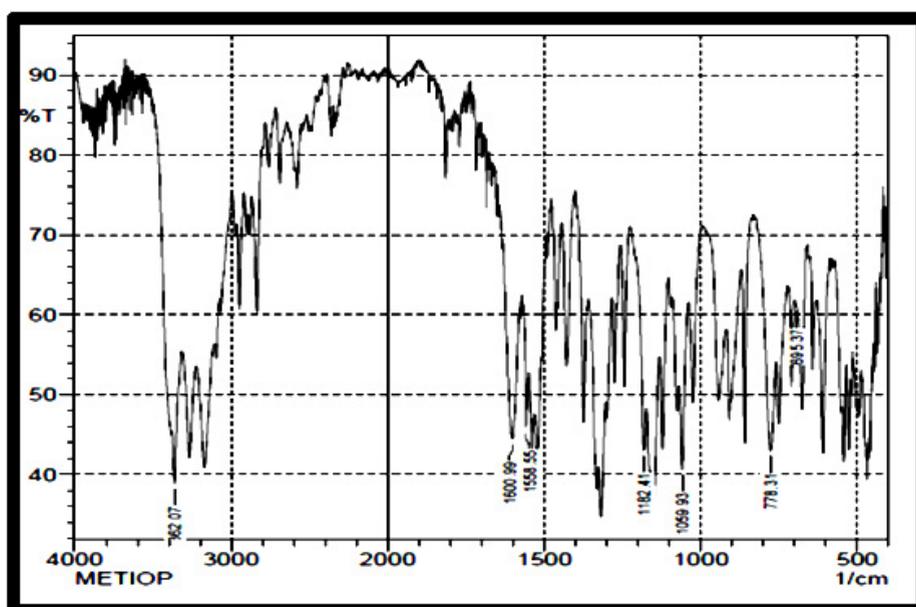


Fig. 3. FT-IR spectrum of HCTZ

1059.93 $\text{cm}^{-1}$  of S=O stretching, 1558.55 $\text{cm}^{-1}$  of N-H bending. FT-IR spectra of nanoplex shows absence of peak at 3362.07 $\text{cm}^{-1}$  indicates complex formation of Hydrochlorothiazide and dextran sulphate by H bonding of  $\text{NH}_2$  group with dextran.

#### Particle Size Analysis<sup>7,8</sup>

Figure 6 shows that the wavelength was 110.77 nm. The degree of particle size distribution is indicated by the polydispersity index. A higher polydispersity index value suggests a

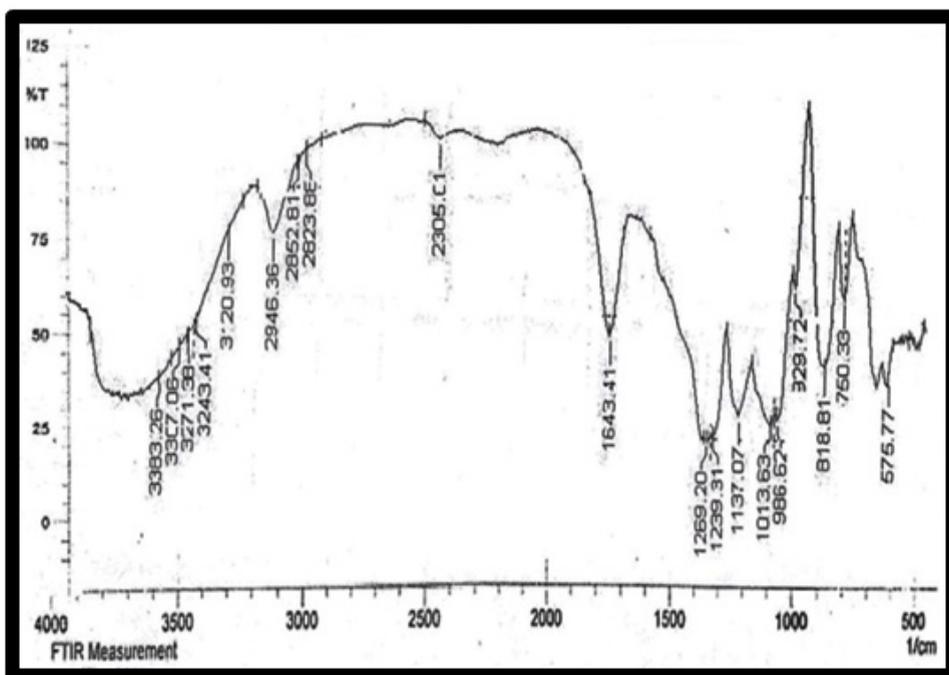


Fig. 4. FT-IR spectrum of Dextran sulphate sodium

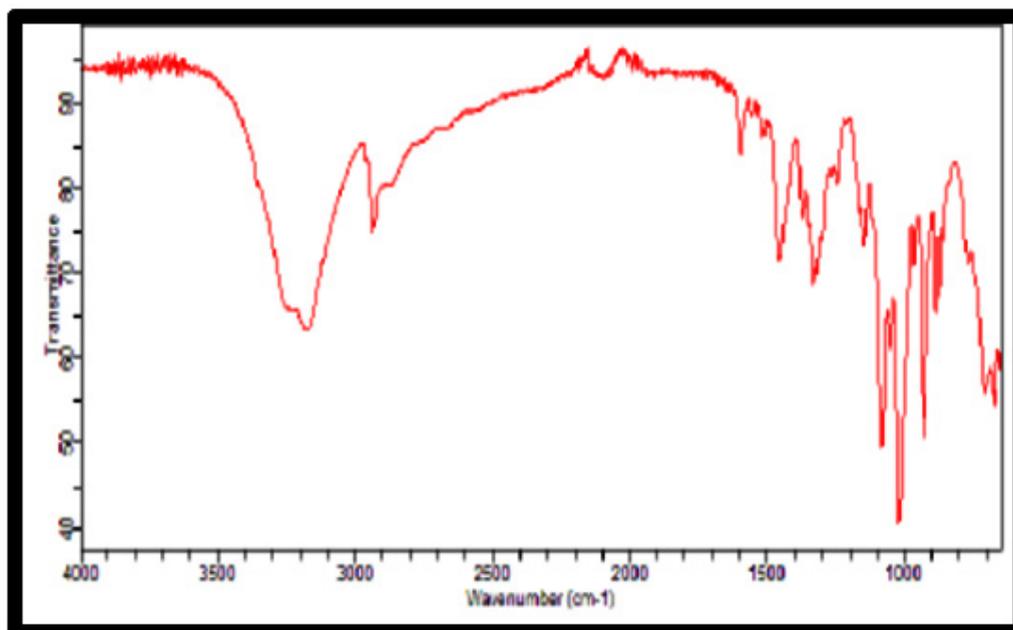


Fig. 5. FT-IR of Nanoplex

wide particle magnitude arrangement, whereas a tight size distribution is required to avoid particle growth owing to Ostwald ripening and to ensure nanoplex stability. Long-term stability was

observed in batches with reduced polydispersity levels. The polydispersity index was found to be 0.80, indicating that the particles were monodisperse.

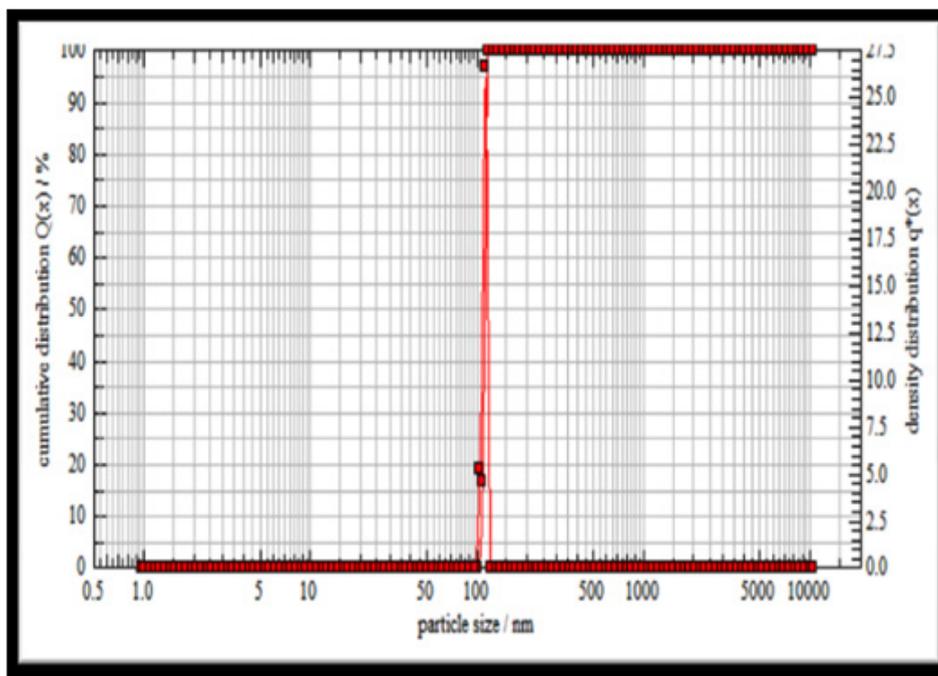


Fig. 6. Average Particle size of Nanoplex

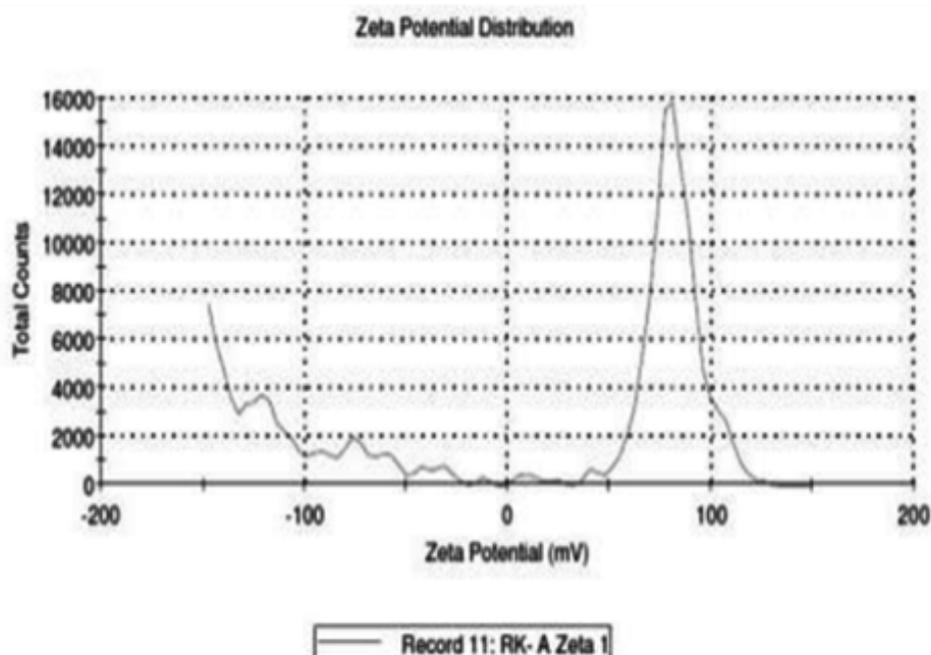


Fig. 7. Zeta potential analysis of HCTZ Nanoplex

### Zeta Potential analysis<sup>17</sup>

The surface properties of nanoplex were investigated using zeta potential analysis. The zeta potential is an important parameter for predicting nanoplex stability. The zeta potential of Hydrochlorothiazide nanoplex was found to be -32.45, as shown in fig. 7, indicating that the nanoplex is moderately stable.

### DSC analysis

The DSC thermogram of HCTZ which shows an endothermic sharp peak at 273°C indicates crystalline nature of HCTZ (fig. 8). Represents a broad exothermic peak at 218°C indicates melting point of dextran sulfate (fig. 9). The DSC thermogram of nanoplex which shows

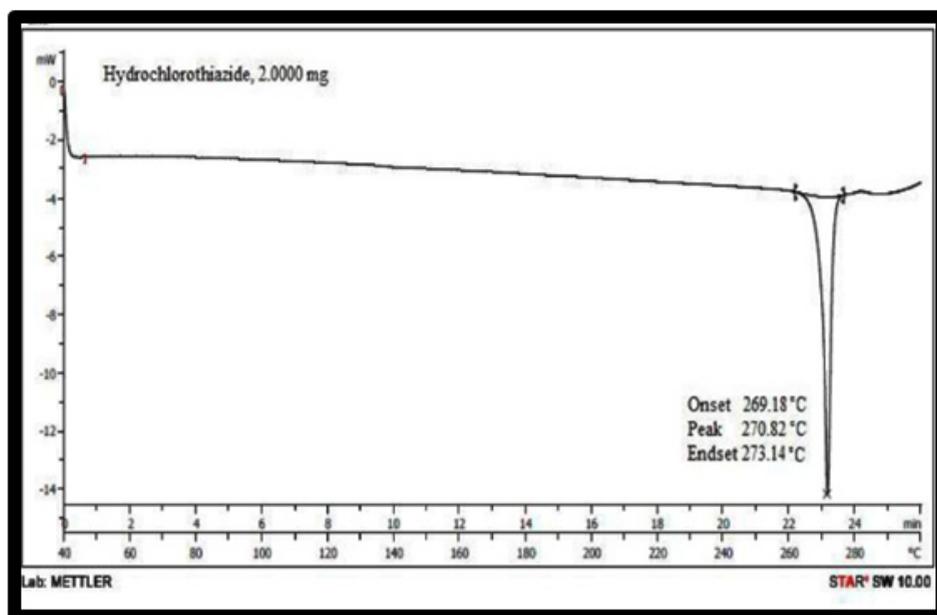


Fig. 8. DSC thermogram of drug HCTZ

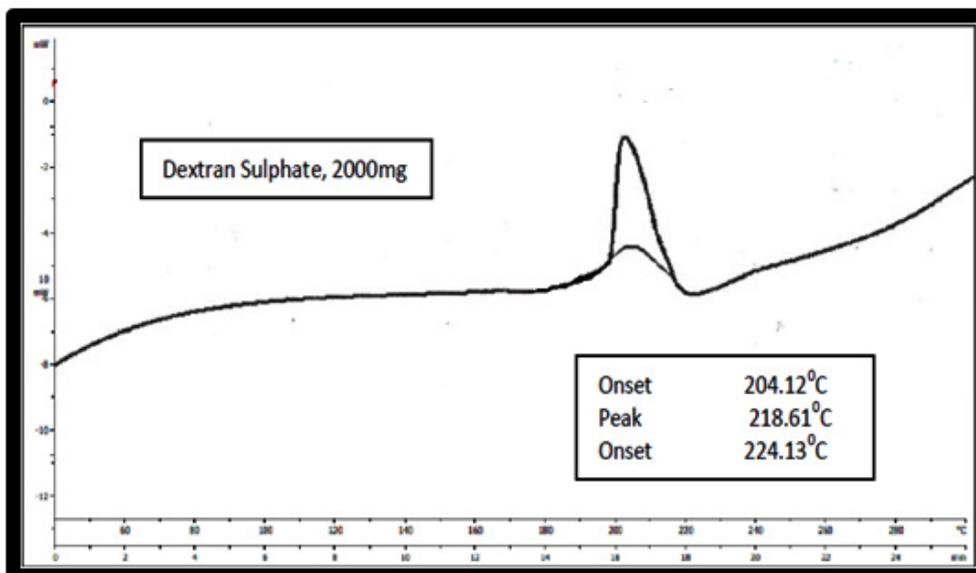


Fig. 9. DSC thermogram of Polymer of Polymer Dextran Sulphate

absence of both exothermic and endothermic peak indicates successfully formation of complex of HCTZ and dextran sulfate as shown in (fig. 10).

**X-Ray Diffraction analysis**

The XRD analysis provides information on the nature of the chemical. As indicated in

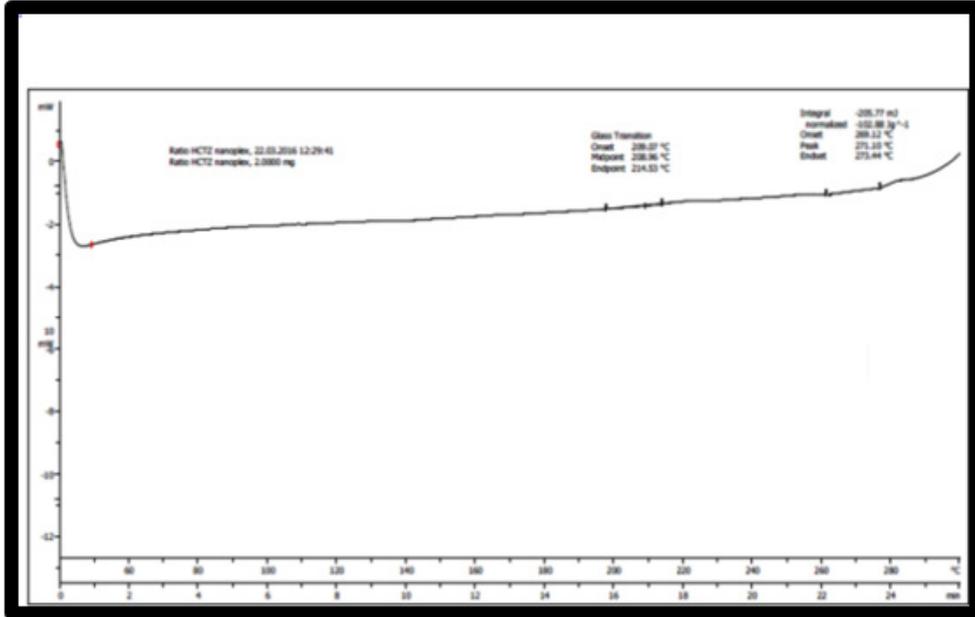


Fig. 10. DSC of Nanoplex

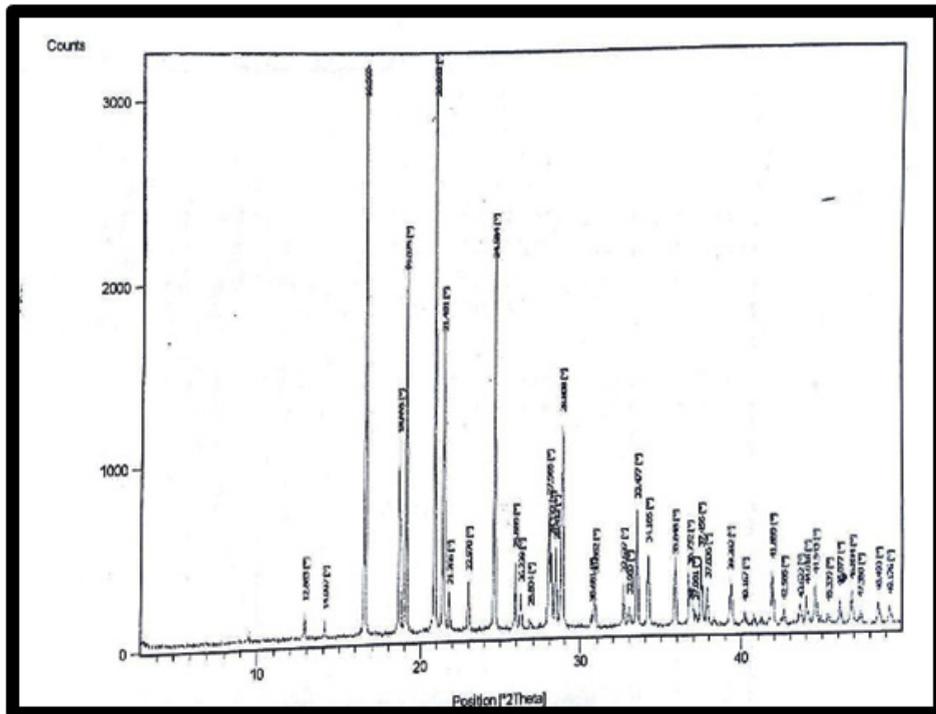


Fig. 11. X-ray diffraction pattern in powder of drug Hydrochlorothiazide

the XRD of HCTZ as shown in fig.11, which shows distinct peaks with maximum intensity up to 3000, the medication is crystalline. Whereas in fig 12 intensity of peak somehow reduced interpreting amorphous nature of nanoplex of hydrochlorothiazide.

#### FE-SEM Analysis

The FE-SEM analysis provides information about the structure of the particles. The plex structure was discovered by the FE-SEM images displayed in HCTZ figures 13 and 14.

The images clearly show the nanoplex of HCTZ. The SEM image of nanoplex indicates the size of nanoplex is 5 $\mu$ m.

#### Transmission Electron Microscopy (TEM)

TEM analysis gives idea about particle size. The TEM images of HCTZ Nanoplex are shown in (Fig. 15) and (Fig.16) which indicates size as 25 nm.

#### Saturation solubility study

In distilled water, PH 6.8 buffers, and 0.1N HCl solutions, the saturation solubility of

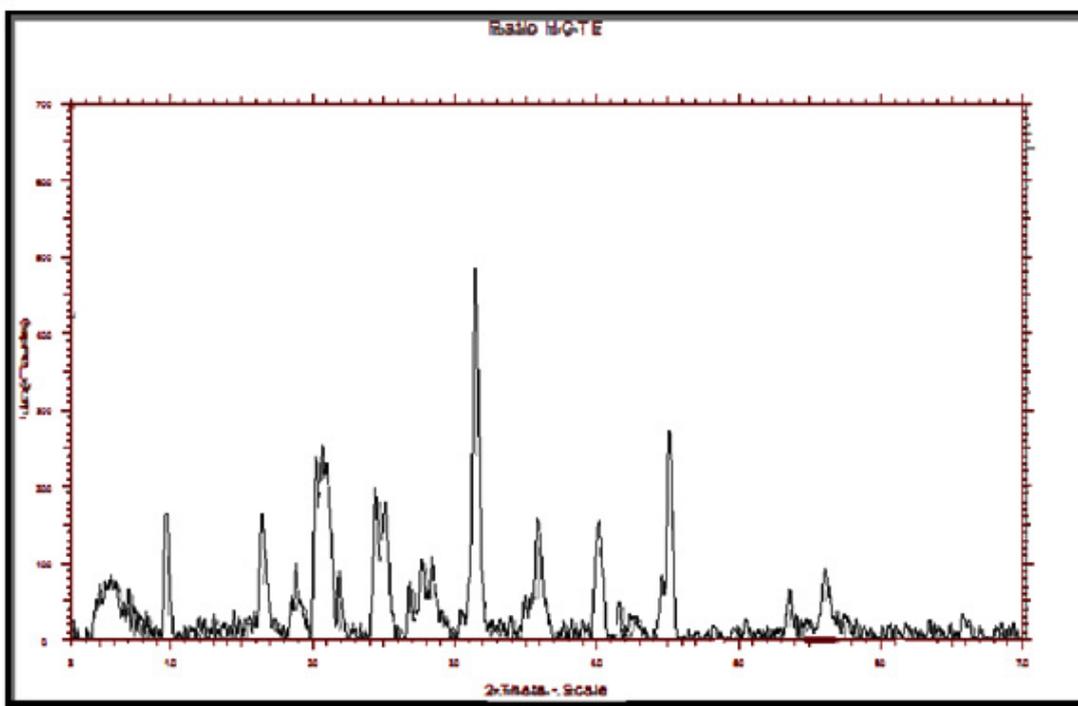


Fig. 12. Powder X-ray diffraction pattern of Nanoplex

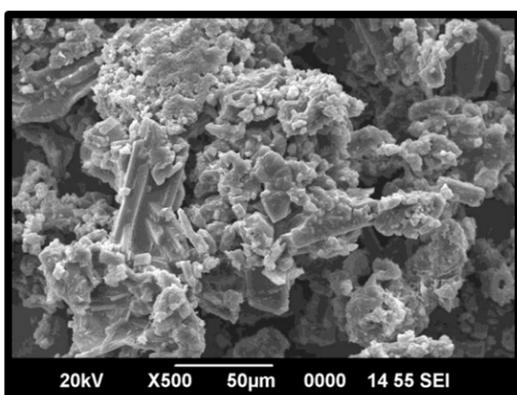


Fig. 13. SEM image of hydrochlorothiazide nanoplex

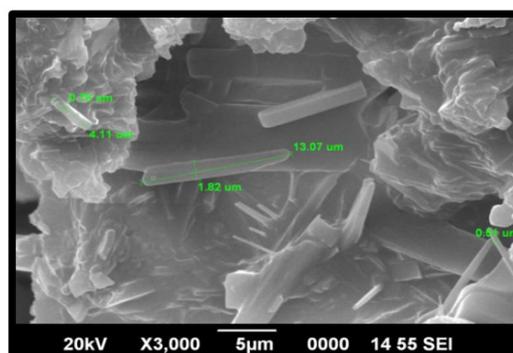


Fig. 14. SEM image of Hydrochlorothiazide Nanoplex

the pure drug and nanoplex was studied. Table 2 demonstrates that medication solubility increased by more than 30 times.

#### Dissolution study

The pure medication and nanoplex were dissolved in a pH 6.8 buffer. As shown in table 3, drug and nanoplex demonstrate complete dissolution at the end of 210 and 150 minutes, respectively, implying that the dissolution rate was increased due to an increase in drug solubility in nanoplex formulation.

#### Stability Study

The stability of optimal nanoplex formulation was supported at Relative Humidity

$75\% \pm 5\%$  & temperature  $40^{\circ}\text{C} \pm 2^{\circ}\text{C}$ . Initial Drug content was 61.2 %, after 15 days storage drug content found was 60.7% and after 30 days storage it was 60.1 % respectively. Since there was no major change in drug content so we can definitely say that nanoplex formulation was stable for at least one month.

#### Drug release kinetics<sup>18</sup>

The drug release kinetic gives information about drug release mechanism. There are various mathematical models which indicate mechanism of drug release i.e. Zero order kinetic model, first order kinetic model, Higuchi model for drug release, Korsmeyer peppas kinetic model, Matrix

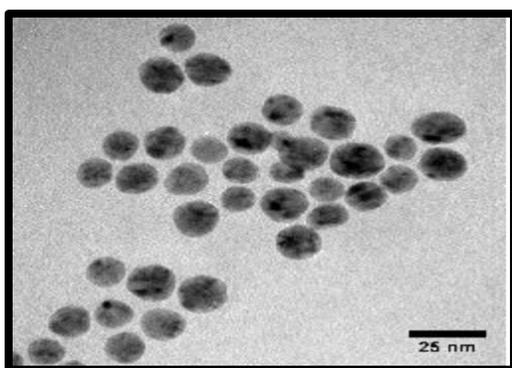


Fig. 15. TEM image of HCTZ Nanoplex

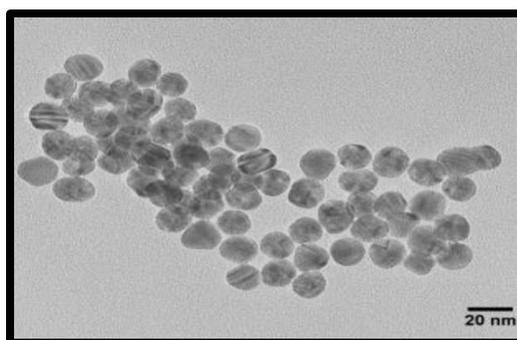


Fig. 16. TEM image of HCTZ

Table 2. Saturation solubility of drug and nanoplex in different solvent

No.	Solvent	Conc. (mg/ml) in Drug	Conc. (mg/ml) in Nanoplex	Enhancement Ratio
1.	Phosphate Buffer pH6.8	0.45	15.96	1:35.47
2.	0.1N HCl	0.60	16.89	1:28.15
3.	Distilled Water	0.30	3.892	1:12.97

Table 3. % Drug release study of drug and nanoplex

Sr. No.	Time (min)	% CDR of Drug	% CDR of Nanoplex
1.	0	0	0
2.	15	8.804	11.142
3.	30	8.948	32.216
4.	45	26.111	43.896
5.	60	26.767	60.689
6.	90	27.521	74.725
7.	120	28.252	84.412
8.	150	28.613	91.118
9.	180	31.679	92.34
10.	210	39.177	98.91

**Table 4.** Drug release kinetics of nanoplex

Models	R	K
Zero Order	0.9392	0.7202
1 <sup>st</sup> Order	0.9959	-0.0156
Matrix type model	0.9714	7.3210
Koresmeyers Peppas model	0.9670	1.2485
Hixon Crowell model	0.9951	-0.0039

type model, Hixon Crowell kinetic model. The data of comparison of different models is shown in Table 4. From the observed R<sup>2</sup> values, it was determined that API or drug releases profile of optimized batch followed Higuchi model and release patterns respectively.

The R<sup>2</sup> value were in the following order viz, Higuchi > Zero order >Korsemyarpeppas> First order >HixonCrowel Model. Higuchi defines drug release as a time-dependent diffusion process based on Fick's law. The accumulated % medication release vs square root of time data were plotted. The model is used to investigate the release of pharmaceuticals that are both water soluble and poorly soluble from a range of matrices, including solids and semisolids.

### CONCLUSION

When compared to the raw medication, the nanoplex formulation of hydrochlorothiazide exhibits a 30 fold increase in solubility with a faster dissolving rate, resulting in increased bioavailability. The complexation method consists of a simple mixing of drug and polyelectrolyte solution, is wholly aqueous in nature, is rapid, and has a high complexation efficiency, drug loading, and manufacturing yield. Self-assembly resulted in the successful synthesis of stable hydrochlorothiazide nanoplexes.

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### Conflict of Interest

The authors declare that they have no any conflicts of interest.

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